



4



WHEN THE LITTLE THINGS MATTER MOST

25yo Native American male – Saturday 4:30pm ER Call

Piece of "slag or flux" hit OD while welding @
2:30pm earlier same day

Flushed out a large metal portion immediately after injury

Reports wearing safety glasses at time of injury

(+) redness, (+) light sensitivity, (+) epiphora, (+) mild blur

Past Oc & Med Hx: Unremarkable, LEE 10+ yrs ago

VAs @dist:

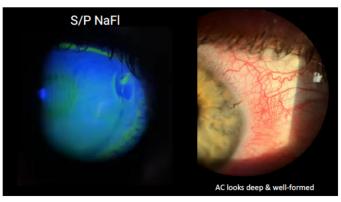
OD 20/125, PH 20/60; OS 20/30

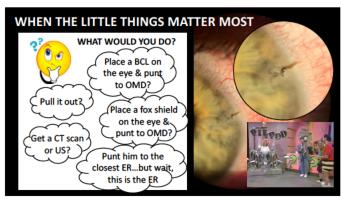
Entrance testing: all WNLs

SLE OD: Limbal FB 3' clock, 2+ pigmented AC cells, TID pupillary margin 3' clock

10Ps (Icare): OD 6/ OS 10 mmHg

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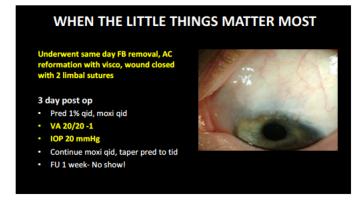




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Features Suggestive of Penetrating Trauma

Peaked pupil

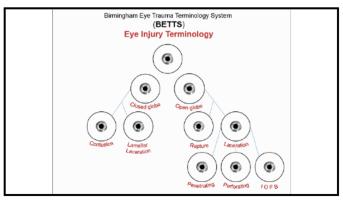
Full thickness corneal wound

Collapsed/shallow AC

Hypotony
Iris TIDs

Lens defect/opacity
(+) seidel sign

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PENETRATING OCULAR INJURIES MANAGEMENT

- Usually referral is emergent but depends on situation
- Intraocular FB present (40% of penetrating injuries) = more urgent, esp if toxic material

- Dilate to look for intraocular FB esp if hx suggests high velocity impact (ex. hammering or grinding metal)

- Consider CT or B-scan US (MRI contraindicated until metallic intraocular FB excluded)

- Broad spectrum antibiotic prophylaxis

- Recommend 'nil by mouth' status in preparation for surgery

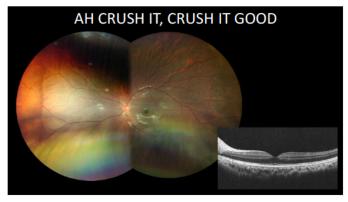
- Update tetanus prophylaxis

- Shield/BCL

- Careful documentation



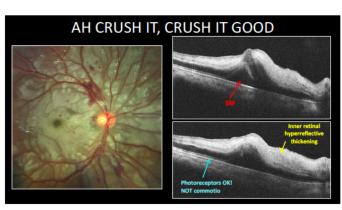




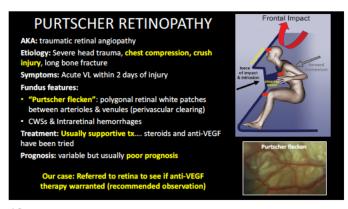


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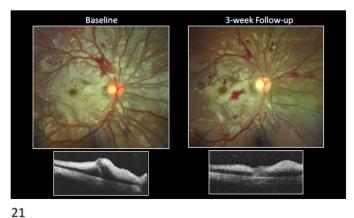


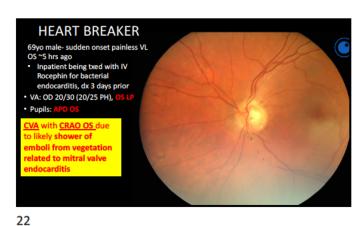


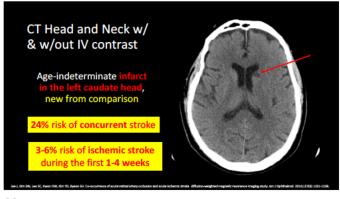
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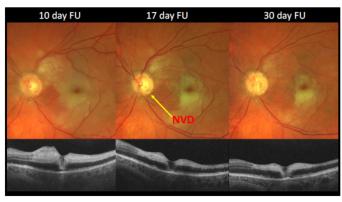




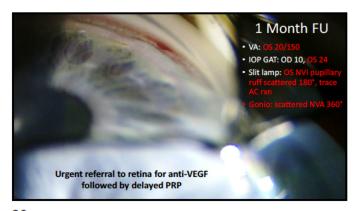


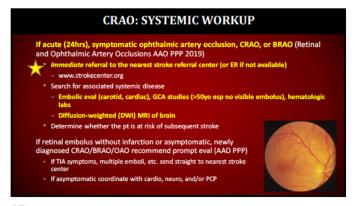












CRAO: SYSTEMIC WORKUP

Retinal Arterial Emboli Work up

General WU for risk factors/associated conditions

DM, HTN, hypercholesterolemia, smoking, cardiovascular disease, stroke

Carotid eval

MRI/MRA and/or CT/CTA (head, neck, and thorax)

Doppler Duplex Ultrasound-limited resolution, does not evaluate the extension of the artery into the skull & thorax

Poss arteriography

Cardiac eval

Electrocardiogram (EKG)

Transthorack echocardiography (TTE)

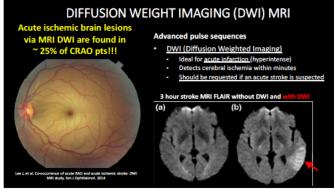
Transscophageal echocardiography (TEE)

Thorough evaluation for cardiovascular disease

Check BP and pulse in office

Poss Holter monitoring

27 28



CRAO: OCULAR MANAGEMENT

Treatment is generally ineffective

Lack of prospective, randomized clinical trials

Recommended that conventional treatment be given in office if a patient presents within 24 hours after the onset of visual loss

Digital ocular massage

Medical IOP reduction

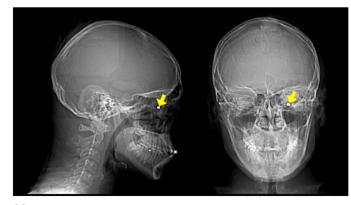
Newer txs: Hyperbaric oxygen treatment, Nd: YAG Embolysis

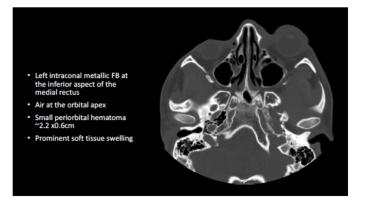
The most important thing is to initiate a systemic work-up!!!

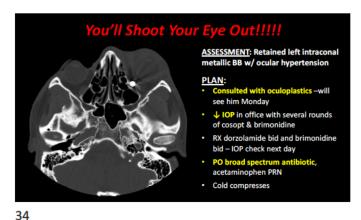
Follow-up:

Every 2 weeks at the least for the first 4 months
Perform gonio to look for NVI/NVA (occurs in ~18%)









33 3



ANOTHER FIRST FOR OKLAHOMA!

52yo male – Presents to the ER after being punched OD 3 hrs prior

(+) diplopia followed by total VL and inability to open the eye
(+) taking clopidogrel and ASA for hrt dz

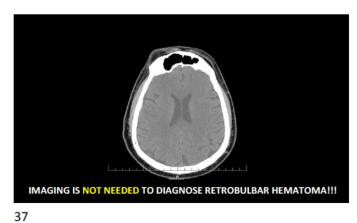
VAs @dist:

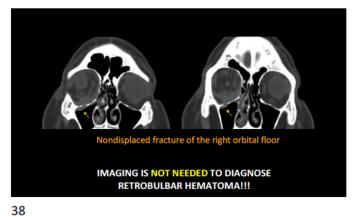
OD LP PHNI, OS 20/30

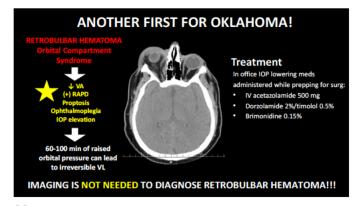
EOMs: OD near complete ophthalmoplegia
Pupils: OD poorly reactive, 3+ Indirect RAPD OD

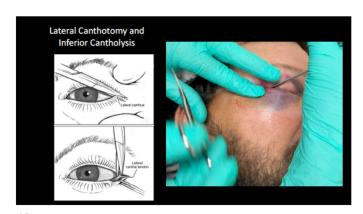
SLE: OD subconj hyperemia, AC rxn
IOPs: OD 67 mmHg/ OS 16 mmHg

DFE: WNLs

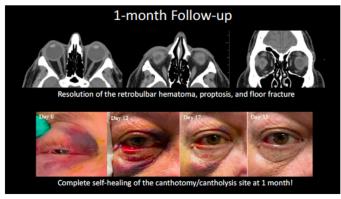


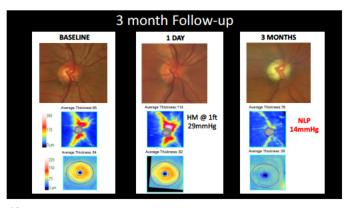










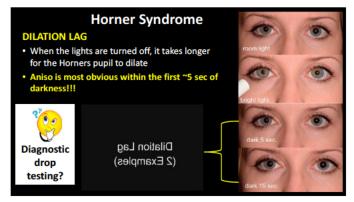




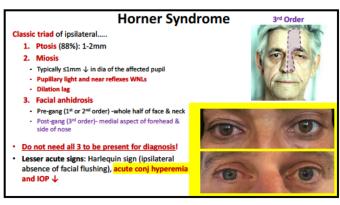


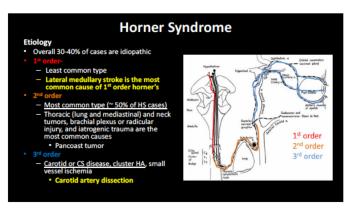


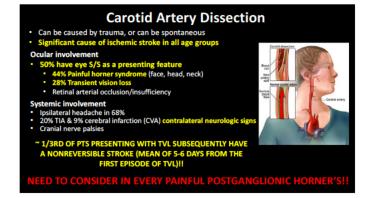
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Horner Syndrome

High risk features that necessitate systemic work-up in adults

- Acute onset

- Arm/shoulder pain

- Neck/head/eye pain

- TIA

- Ocular ischemia

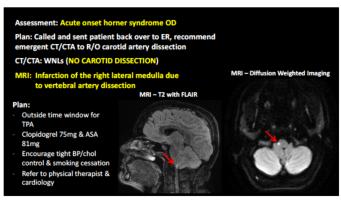
- H/O malignancy

- H/O neck/head trauma

- H/O smoking

IF STROKE/ CAROTID ARTERY DISSECTION IS SUSPECTED REFERRAL IS EMERGENT!!!

51 52



Horner Syndrome

Lateral medullary stroke = Wallenberg Syndrome

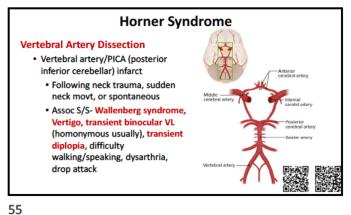
• Most common cause of 1st order horner syndrome

• Vertebral artery/PICA (posterior inferior cerebellar) infarct

CLINICAL FINDINGS:

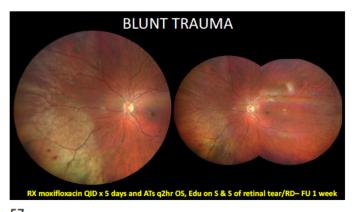
Nause a/ yomiting / vertigo / vsetbular nuckes (CR1) / nystagmus / Agustia / Distary nuckes/trect | psilateral atxia | Inferior cerebellar pennote | Ipsilateral atxia | Inferior cerebellar pennote | Inferior | Inferior cerebellar pennote | Inferior | In

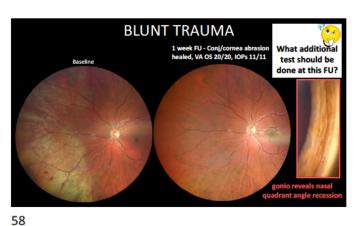
53 54



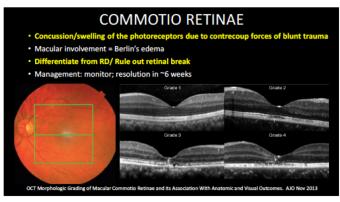
BLUNT TRAUMA Past Oc & Med Hx: Unremarkable OD 20/20, OS 20/40 PHNI
Entrance testing: all WNLs
SLE OS: Nasal LLL edema, 3+ bulb
continued and injection according. IOPs: OD 15/ OS 17 mmHg

56

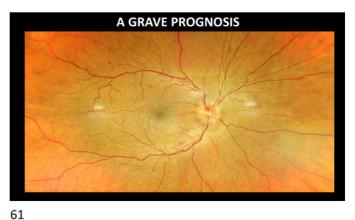


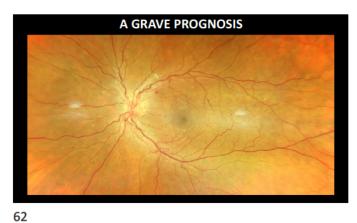


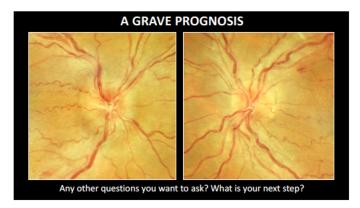
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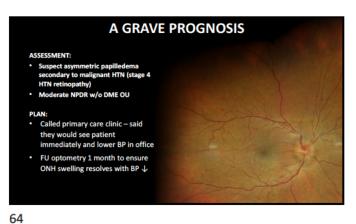


A GRAVE PROGNOSIS 52yo female – Routine DM exam Oc Hx: Cat surg and blepharoplasty Med Hx: Type 2 DM x 12 yrs (last A1c 8.6%), HTN, hrt disease, kidney disease, hypercholesteremia, sleep apnea, COPD, smoker Reports good compliance with all 6 RXed HTN meds! • BCVAs @dist: OD 20/20, OS 20/20
Entrance testing: all WNLs 1. Spironolactone 2. Metolazone SLE: PCIOL OU 3. Clonidine • IOPs: 12 OD/OS 4. Hydralazine 5. Losartan • 187/118 @ 8:45AM • 189/112 @ 9:07AM 6. amlodipine

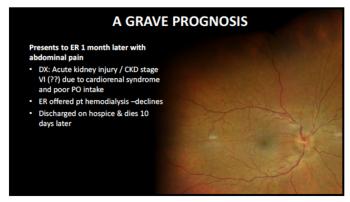


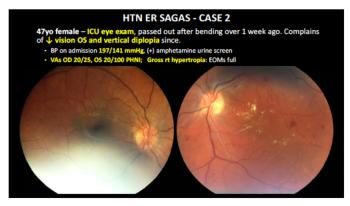


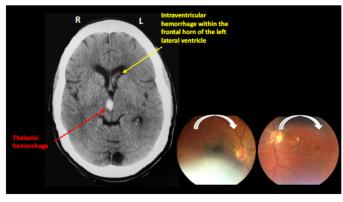


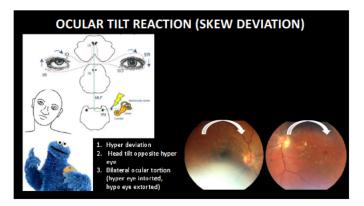


A GRAVE PROGNOSIS 1 month FU ing OTC Excedrin, ibuprofen, and Tyle









SYSTEMIC HYPERTENSION

• Affects nearly half of adults in the US (108 million, or 45%)

— Prevalence increases with age

— Controlled in only 52% of those affected

Systemic manifestations

• CNS: Increased risk of stroke

• HTN is the single most important modifiable risk factor for stroke

• The presence of retinopathy is a strong predictor of stroke

— The risk of stroke is 2-3x higher in persons with retinopathy

• Fourth largest mortality risk factor in the world

• Heart: Coronary heart disease (CHD)

• Kidney: Renal disease (proteinuria, hematuria)

• EYES

• Adequate control ↓ the incidence of heart attack by 20–25%, stroke by 30–35%, and heart failure by 50%.

69 70

SYSTEMIC HYPERTENSION Classification: Essential vs Secondary • Adult Classification (18yo and older, 2017 ACC/AHA) • Normal: < 120/< 80 • Prehypertension: 120-129/<80 • High blood pressure: • Stage 1: 310-319/80-89 • Stage 2 ≥140 / ≥90 • Crisis (urgency): 2180 / ≥120 - REQUIRES IMMEDIATE ATTENTION • "Emergency": Presence of new or worsening end organ damage (papilledema, HA, altered metal status, stroke, MI, chest pain/unstable angina, heart failure, shortness of breath, pulmonary edema, hematuria, intracranial hemorrhage, aortic dissection, preeclampsia-eclampsia) • Malignant hypertension- sudden and rapid development of extremely high BP (diastolic >125 mmHg)

HTN Retinopathy Grading: Keith-Wagner-Barker

Group 1

- Mild to moderate generalized arteriolar constriction

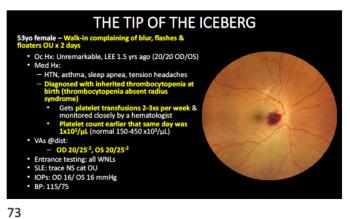
- Nonreversible, sign of chronic HTN

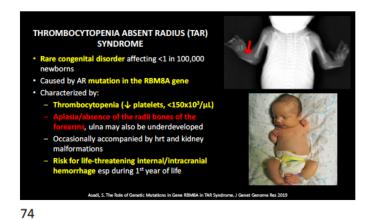
Group 2

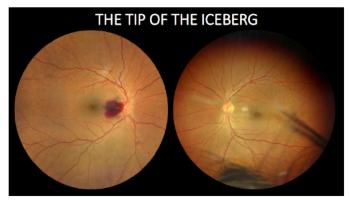
- Moderate to severe generalized narrowing

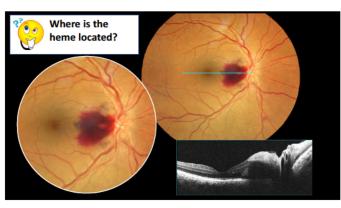
- focal arteriolar narrowing & AV nicking

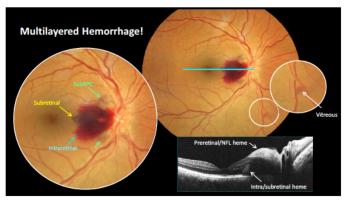
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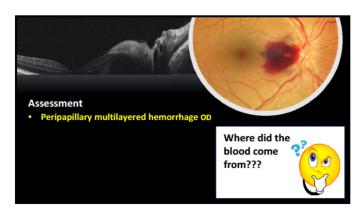


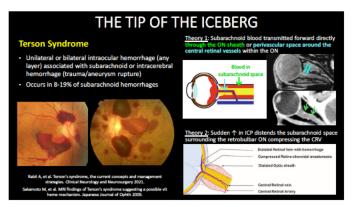


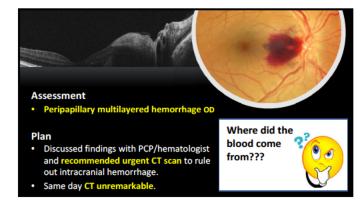


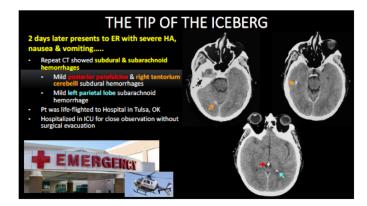


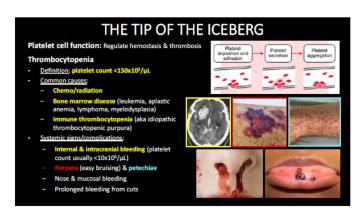






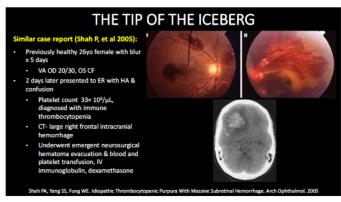






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THE GREAT MASQUERADER

45-year-old female

CC: Walk-in visit sent from the ER, Central blur/missing vision OS x 4-5 days

Systemic Hx:

DM type 2, HTN, anxiety, hx of stimulant dependence and meth use

Ocular Hx: Sectoral PRP for ischemic BRVO OD 2 years ago

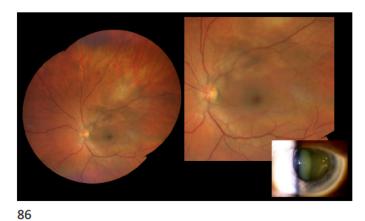
VAs @dist cc:

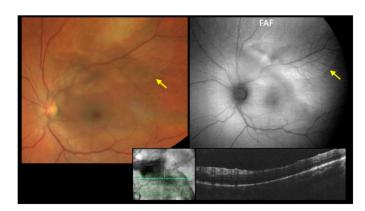
OD 20/20

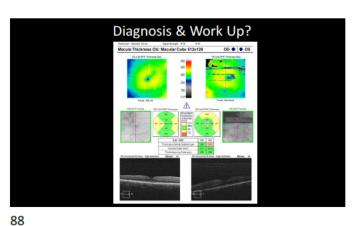
SLE: Trace AC cell & flare OS only

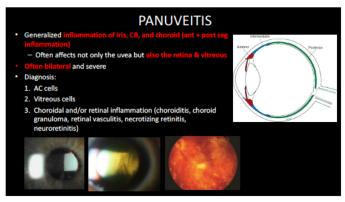
IOPs: OD 15mmHg, OS 14mmHg





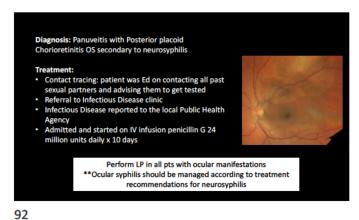


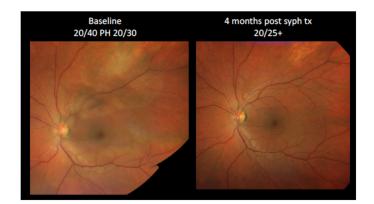


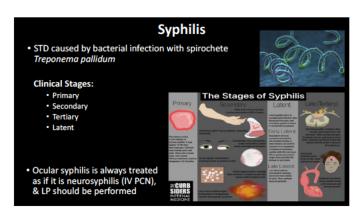


PANUVEITIS Systemic etiologies & evaluation (always workup!!) Sarcoidosis (ACE, serum lysozyme, Chest X-ray or CT) Syphilis (FTA-abs, RPR) TB (QuantiFERON-TB Gold/PPD, Chest X-ray or CT) Tick-borne illness (Lyme/tick panel) VKH (HLA-DR1,HLA-DR4) Sympathetic ophthalmia Lens-induced uveitis Behcet disease (HLA-B51) Other tests: CBC with diff & platelet count, ESR, ANA, Toxoplasma antibody titers, ANCA panel

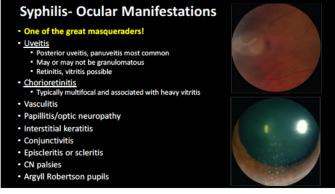
TWO CASESONE SYSTEMIC DISEASE	
Blood Lab	Results
ESR	60 (high)
ANCA	negative
RF	<14.0 (normal)
Lyme IgG/IgM Ab	neg
RMSF IgG, IgM	Negative
FTA-ABS	Reactive
RPR	Reactive
RPR, Qnt	1:128
HIV scr 4th gen	Non-reactive
QuantiFERON	Negative
ACE	<5 (normal)
Serum lysozyme	10.2 (normal)
Toxoplasma IgG/IgM	<7.2, <8 (normal)
ANA	Positive 1:320 dense fine speckled pattern
HLA-B51	Negative

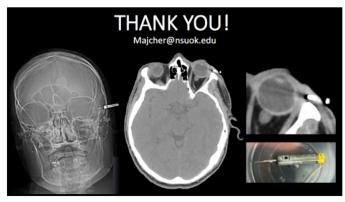






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