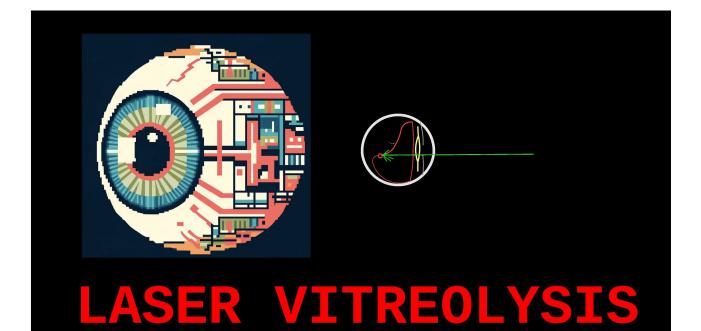
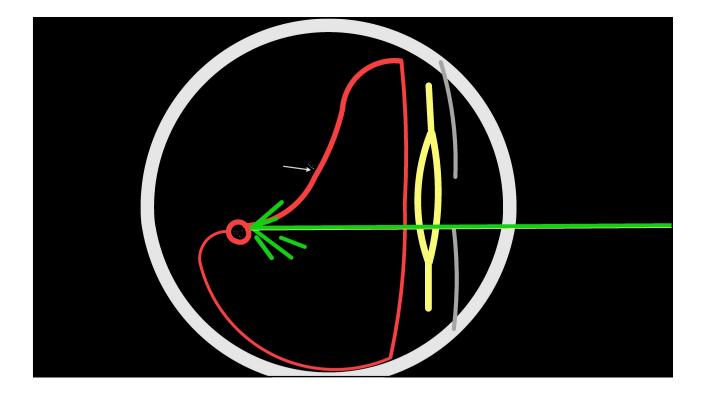
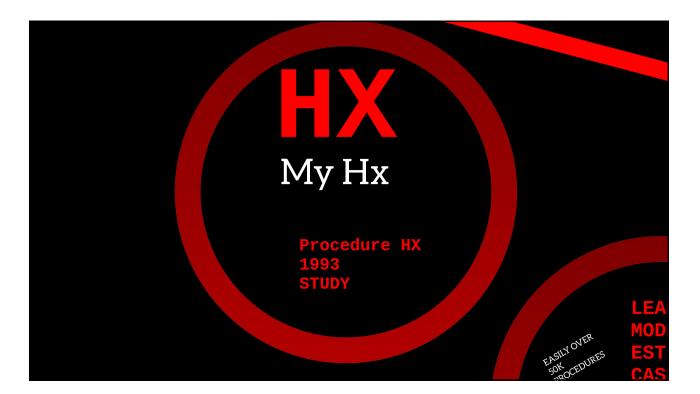
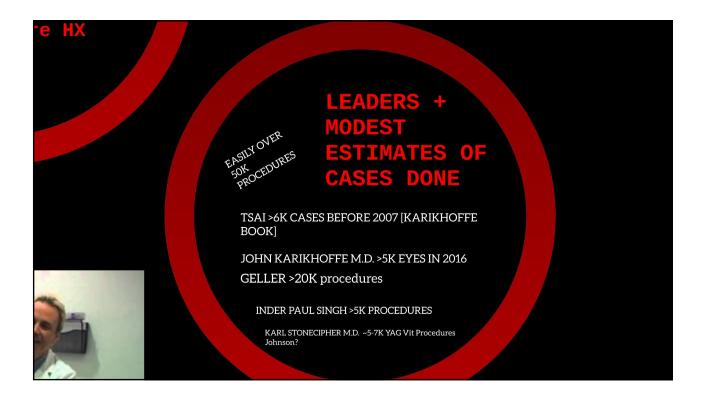


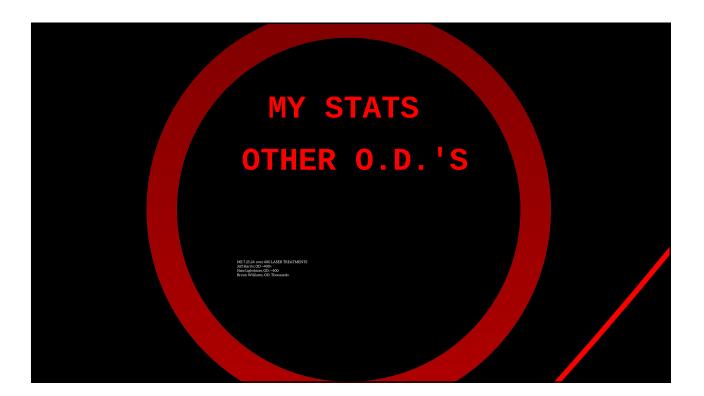
## LASER VITREOLYSIS





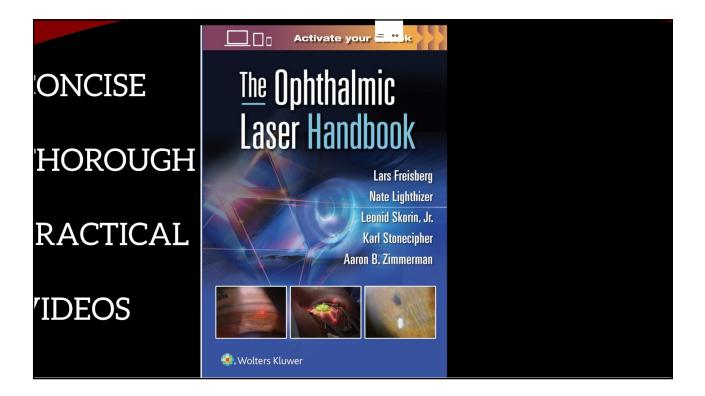




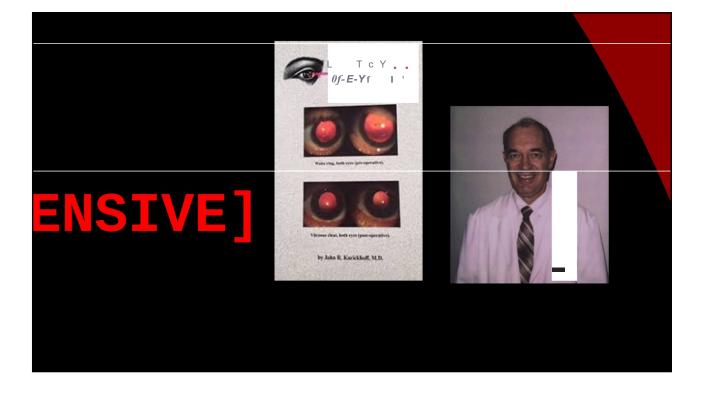












## SHAH [STUDY+PODCAST EPISODE]

#### Original Investigation September 2017

YAG Laser Vitreolysis vs Sham YAG Vitreolysis for Symp tomatic Vitreous Floaters

A Randomized Clinical Trial

Chirag P. Shah, MD, MPH\ Jeffrey 5. Heier, MD<sup>1</sup> ) Author Affiliations I Article Information

. IAMA Ophtha/mo/. 2017;135(9):918-923. doi:10.1001/jamaophthalmol.2017.2388

#### Long-Term Follow-Up of Efficacy and Safety of YAG Vitreolysis for Symptomatic Weiss Ring Floaters

Chirag P. Shah.MD. MPH and JeffreyS. Heier.MD

+HM• Fiti MI

lished Online: January 29, 2020 • https://doi.org

Tools <: Share

#### Abstract

BACKGROUND AND OBJECTIVE Todescribe long-term outcomes and complications after YAG vitreolysis.

PATENTS AND METHODS: This is an observational extension study to a previously reported, randomized, controlled study.Thirty-five of 52 patients returned at an average of2.3years(range:1.1 to 3.0) after their last YAG vitreolysis treatment to assess long-term efficacy and safety.

RESULTS At 2.3years, 50% of patients felt their symptoms were significantly or completely better, similar to results at 6 months (53%). Therevasa 59.4% improvement in symptoms, similarto 6 months (54%). The 25-tiem National Eye Institute Visual Function Quescionnaire revealed improvements in: near activities, distance vision, mental health, and role difficulties. Advense events included three eyes with delayed retinal tears, noted 1.4 to 2.8years after YAG vitredoyis.

CONCLUSIONS: Theefficacy of YAG vitreolysis observed at 6 months wassustained at 2.3 years, with half reporting significant or complete resolution of their floater symptoms. Three patients developed delayed retinal tears not evident at 6 months. Alarge, long-term randomized controlled trial is needed to determine the true risks of YAG vitreolysis.

(Ophthalmic SurgLasers Imaging Retina. 2020;51:85-88.J



#### Treatment of vitreous floaters with neodymium YAG laser

Wu-Fu Tsai, Yen-cbih Oien, Chome-Yi Su

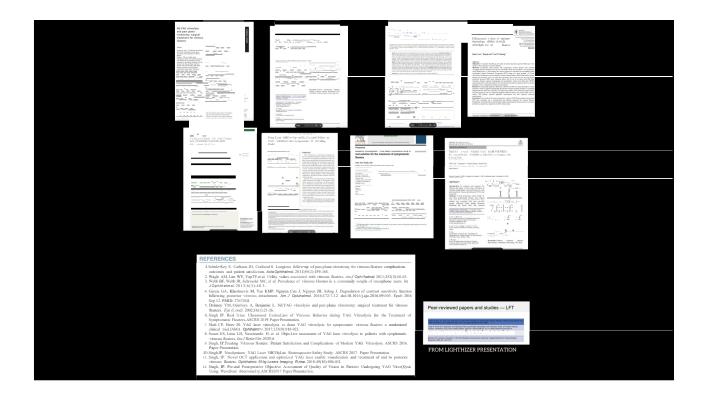
### ver, and p b

# 

### MANY OTHER STUDIES+INFORMAL STUDIES/ ARTICLES/VIDEOS/etc • ELLEX • PAUL SINGH, MD • KARL STONECIPHER, MD • JOHNSON, MD • GELLER, MD • KARLE BRASSE, MD • CEES VAN DER WINDT, MD

- •MARIE TASSIGNON, MD
- FIEK GERBRANDY, MD





Nd:YAG vitreolysis and pars plana vitrectomy: surgical treatment for vitreous floaters	YM Delaney, A Oyinkye, and L Benjamin	NICOL STUDY REVERSED Safet	(2020) 37:1319-133 arg/10.1007/s12325- W y and Et he Treatu
Abstract <i>P11rpos, of shttly</i> To determine the efficacy of NdYAG vitreolysis and pars plana vitrectomy in the treatment of vitreous floaters. <i>Met/rods</i> This is a single centre	patients. Pars plana vitrectomy, while offering superior results, should be reserved for patients who remain markedly symptomatic following vitrecopyis, until future studies further clarify its role in the treatment of patients with floaters and posterior vitrecos detachment.		Katsanos • • • • • • • • • • • • • • • • • • •
retrospective study of 31 patients (42 eyes) who undervent 54 procedures, Nd:YAG vitreolysis or pars plana vitrectomy, for the treatment of vitreous floaters between January 1992 and December 2000. Main	Eye (2002) <b>16</b> , 21-26. DOI: 10.1038/ sj/EYE/6700026 <i>Keyworks</i> : vitreous floaters; Nd:YAG	Received e The Al	January 15, 20 ithor(s) 2020
outcomic measures were percentage symptomatic improvement following treatment and incidence of post-operative complications. Statistical analysis was performed using the Fisher exact test. <i>Results:</i> Posterior vitreous detechment was the primary cause of floaters in all 42 cys with co-existing vitreous veils in three cys and asteroid hyalosis in two cyes. Thirty- nine of 42 cys: received N4YAG vitrolysis. Thirty-eight percent found N4YAG vitreloysis moderately improve their symptoms while 61.5% found no intprovement. After an average of 14.7 months follow-up no post-operative complications were recorded. Effent opes	vitrooisis: para plana vitrextomy; posterior vitreous detachment Vitroois dotachment (POQ):2 vitroois specialized and the second provide playsiological in nature floy can be of physiological in nature floy can be of considerable incoversingent on may patients. This is opecially the case in myopes in whom PVD Occurs and Collier age- and in whom overland image magnification. MiXAG vitroolsysiol pars plana vitroomy (PPV) <sup>2</sup> have both been ad vocated as effective reatment for vitroos opacitiss. However it is	Emergin entoptic crossen the pr increasis of mayo the trea attracted the tec	ag evidence phenomena s (i.e. vitreous than previou vvalence of v ng due to the bia. The use o truent of annu 4 significant a hnique offers ges. Unfortu
underwent a pars plana vitrectomy, one with combined phacoemulsification and posterior chamber implantation and 11 following unsuccessful laser vitreolysis. Pars plana vitrectomy resulted in full resolution of symptoms in 93.3% of eyes. One patient	our perception that many patients with symptomatic floaters Me not offered any intervention. In this paper we review the efficacy of both Nd:Yag laser and PPV in the surgical treatment of vitreous floaters.	Ophthalmology features ( Stoke Mandewile Hospital m9.figshi Aylesbury Euclinghamshine, UK A. Katasa Duckinghamshine, UK A. Katasa	d Digital Featur for this article go arc. t 1822052. tos (181) • M. Stel pology Departm
developed a post-operative retinal detachment which was successfully treated leaving the patient with 6/5 VA. <i>Collcillsion</i> Patients' symptoms from vitrous floaters are often underestimated	Materials and methods Patiel Its	Conseptoence: Ioonnina I Beniamin e-mail: b Department of Optimiencioly State Marcienile Applied State Marcienile Applied Marcienile (1921)	, Ioannina, Gre atsanos@uoi.gr
resulting in no intervention. This paper shows Nd:YAG vitreolysis to be a safe but	We reviewed the clinical notes of 31 patients (42 eyes) who underwent 54 procedures,	SAL UK Tel. +44 1296 315035 K. Gorgol	





### 10

#### enessbased on quantitative

AUN2, ZH.A. GOLOSHCHAPOVA',

on, 287 Pobedy prospect, Chelyabinsk, Russian Federation, an Federation, 454021; '[yecare Clinic ,Center FIS\* LLC, of Eye Diseases, 11 A, B Rossolimo St., Moscow, Russian

edysis of Viteous floaters. Material and methods. The beeysis and were under observation from 01.03.16 to 03.2 (01.64%) states were make 116 (02.05%) states of the observation of the observation of the annoe temporphy using RTNux RR Avend science med using the Utha QReefex user (Elex, Australia). NGT: Cross Lin-Age Reefax, and assuming taker assessment of anticitatul advasory of the users. The assessment of anticitatul advasory of the users of the asperture of the users of the users of the users of the subscription. The users of the users of the users of the users of the subscription. The users of the user strengy is further messary.

r vitreous detachment.

cording lo a number authors, pars plana vilrecto ninates the floaters, but considering its invasive and the possiblecomplications that include endo nitis, retinal perforation and detachment, cata e method should only be used when patient's vi ubstantially impaired 12, 71. present, YAG-laser vitreolysis can be considered five treatment for symptomatic vitreous floaters 7 It hasseveral advantages: non-invasive nature, mplication rate, absence of pos-surgical limita conomic viability (7, 8). Reintroduction of YAG redusiblectment of the state of the state of the state state of the state of the state of the state of the state conomic viability (7, 8). Reintroduction of YAG

the treatment for symptomatic vitreous floaters 7 It hasseveral advantages: non-invasive nature, mplication rate, absence of poet-surgical limita conomic viability (7, 8), Reintroduction of YAG reclysiblecame possible thanksion a newly devel starn called Reflex (Ultra Q Reflex laser), which baid (coaxia) [litting - when the light source is red on the same optical axis of siti-lamp micro in radiated laser beam [7]. the characteristic of modern laser vitroolysis involves



C: Invited Commentary

C. JournalClubSlidesand

YAG laser vitreolysis was a well-tolerated and effective treatment for vitreous floaters. Randomised, controlled trials involving large numbers of participants monitored over an extend ed follow up period are required to confirm these results.



JAMA Ophthalmology 1 Original Investigation YAG Laser Vitreolysis vs Sham YAG Vitreolysis for Symptomatic Vitreous Floaters

A Randomized Clinical Trial

ChtradP Shah MOMPH JeffreyS Heief MO

IMPOREANCE. Vitreous floaters are common and can worsen visual quality. YAG vitreolysis is an untested treatment for floaters.

OBJECTIVE To evaluate YAG laser vitre olysis vssham vitre olysis for symptomatic Weissring floaters from posterior vitre ous detachment.

DESIGN SETTING. ANOPARTIOPANTS This single-center.masked.sham-controlled randomized chrocalitialwas performed from March 25, 2015, to August3, 2016, in 52eyesof 52patients (36cases and 16controls) treated at a private ophthalmology practice.

INTERVENTIONS Patients were randomly assigned to YAG laser vitreolysis or sham YAG (control).

NAN-OUTCAMESANDERS/LEES Primary 6-monthoutcomes weresubjectivechange measured from/% to10/biasingpolycecht visualdatentones core. 8-9444 guilatitive seele andNational Eyelinstitute VISus FunctioningQuestionnaire 25(NEVFQ-25). Secondingruotoomes included objective changesessed bymaxies guiding of color fundus pholography and/artin/ Teathernet Discitle Reiningarky Study best-corrected/buileal.acutily.

photography and Early Treatment Diabetic Relinopathy Study best-corrected/stual aculy. RES.LIS: Fifly-twopatients (522eyes: 17menard35 women: 51white and 1Asian) with symptomatic Westings werearenolised in thestudy (mena) EDD age 61.4 (6) Waser for the YAGIsaergroup and 51.1 (66 Byears for thesham group). The YAGiaser group/epoint greater symptomatic Westing (Michigan Card) (Michigan Card) (Michigan Card) (Michigan Card) 29%-61%: P<. 0.01). In the YAGIsser group, the 10-point visualidisturance score improved symptoms: Work/wisuals in thesham group(Efference. 31.0 SeVCI. A 31-01-7P. P<. 0.1). A total of 19 patients(55%) for the YAGIsser group/potentis/grificantly or completely improved symptoms: Work/wisuals in thesham group(Efference. 31.0 SeVS(CI. 30-253); SeVS(CI. 30-365); P

CONCLISIONS AND RELEVANCE YAG laser v1 treolysis subjectively improved Weissring-related symptoms and objectively improved Weissringappearance. Greater confidence in these outcomesmay result from larger confirmatory studies of longer duration.

#### Long-Term Follow-YAG Vitreolysis for Floaters

CL

Chirag P. Shah, MD, MPH; Jeffrey S. Heier

BACKGROUND ANDOBJECTIVE: To describe lo outcomes and complications after YAG vitro

PATIENTS AND METHODS: This is an observent extension study to a previously reported, i7.ed, controlled study. Thirty-five of 52 pot turned ot on average of 2.3 years (range: 1.1 after their last YAG vitreolysis treatment to long-term efficacy ond safety.

RESULTS: At 2.3 years, 50% of patients fi symptoms were significantly or completely similar lo results al 6 months (53%). Tha a 59,4% improvement in symptoms, simi months (54%). The 25-iem National Eye I Visual Function Questionnaire revealed in menls in: near activities, distance vision, health, and role difficulties. Adverse events ed three eyes with delayed retinal tears, no to 2.8 years after YAG vitroelysis.

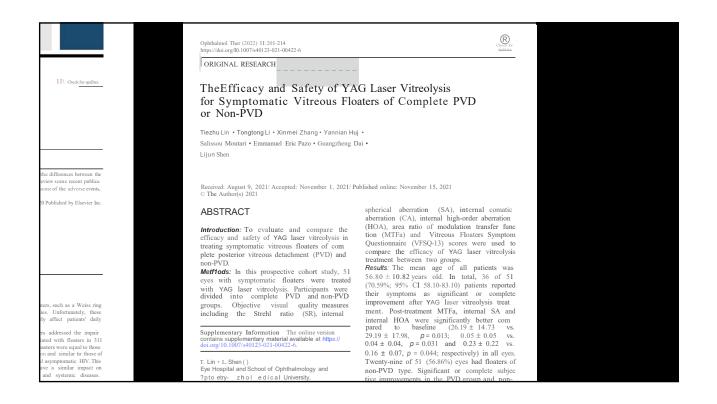
CONCLUSIONS: The efficacy of yAG vitreOl served ot 6 months wos sustained ot 2.3 yem holf reporting significant or complete resolutheir Hooter symptoms. Throe patients der delayed retinal tears not evident at 6 mo lorgo, long-term rondomi; ged controlled triofie ed to determine the tnie risks ofYAC vitreol

[Ophthalmu Surg Last-rs Lnagil 1g Retina. 2020;51:8

From Ophthalmic Consultants of Boston, Boston. Originally submitted April 15, 2019. Revision received April 15

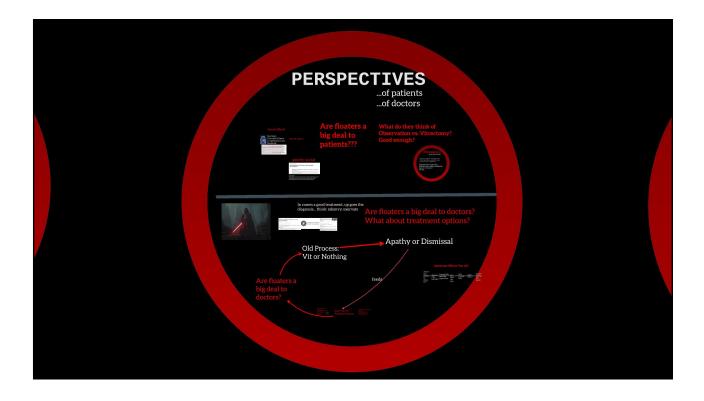


I Safety of s s Ring	ELSE/IER j	ournal homepage: <u>www.elsevier.com/locate/survophthal</u>	Ophthalmol Ther (2022) 11:200 https://doi.org/10.1007/s40123-4 JORIGINAL RESEARCH	
controversial treatment op aters, largely due to the lack ure and long-term follow-up ed the first randomized, con rAG vitreolysis versus sham		ysis-YAG laser treatment now a <u>11) Check Gerupdata</u> r the treatment of symptomatic	The Efficacy a for Symptoma or Non-PVD	
ers. At 6 months' follow-up, adverse events, such as roti	6,	President. The Lye Centers of Racine and Kenosha, Racine, Wisconsin, USA		
hments. Approximately half, orted significant or complete symptoms. This was signifi	ARTICLE INFO	A BIN INCLOSE, VIGNIN, VIGNIN, CLOY	Salissou Moutari • Emman Lijun Shen	
jective improvement of 95% ading of color photographs, between objective and sub- erican Society of Retina Spe afety in Therapeutics Com yeillance of retinal special	Article history: Received / January 2019 Received in revised form 21 February 2020 Available online 3 March 2020 L. Jay Katz, and Hermann D.	I review the background of laser floater treatment and address the differences between the old technology and the new technology of YAG lasers. I also review some recent publica tions and discuss the importance of careful patient selection, some of the adverse events, and patient outcomes. © 2020 Published by Elsevier Inc.	Received: August 9, 2021/ A © The Author(∋) 2021 ABSTRACT	
ial risks of YAG vitreolysis. ications including glaucoma, psule defects, retinal hemor tear, retinal detachment, and voluntarily reported compli uring a 6-month period and There was no denominator ly and, thus, we do not know	Schubert, Editors <i>Keywords:</i> Roaters vitreolysis YAG laser vitreous opacity	_	Introduction: To evalue efficacy and safety of treating symptomatic plete posterior vitreous non-PVD. Methods: In this prospi	
nt shldy was to report long- efficacy in patients enrolled randomized conlrolled Irial.	Historically, the only treatme vitrous floaters has been par		eyes with symptomat with YAG laser vitre divided into comple groups. Objective vi including the Strehl	
<ol> <li>2018, as part of an update on a VAG testarchand Education, Boston The or role in the studydesign.collection, surrounce assisted with the initial draft of g the conduct of the study, as well</li> </ol>	cedure works well to elimina with floaters, but there are r cedure, such as cataract progre retinal detachment. <sup>3</sup> Although ogy have significantly improv rectomy, there still <i>is</i> a pos which may result in time awa tients, the potential cost of pas	risks involved with the pro- ssion and the possibility of a functioning and quality of life. A study by Wagle and coworkers addressed the impair recent advances in technol end the safety profile of vi- stoperative recovery period, a for work. For some pa glacucom, mild angina, stroke, and asymptomatic HIV. This	Supplementary Informatio contains supplementary ma doi.org/10.1007/sd0125-021 T. Un · L.Shen () Eye Hospital and School of	



#### REFERENCES

- 1. Schulz-Key S, Carlsson JO, Crafoord S. Longterm follow-up of pars plana vitrectomy for vitreous floaters: complications, outcomes and patient satisfaction. *Acta Ophthalmol.* 2011;89(2):159-165.
- 2. Wagle AM, Lim WY, Yap TP, et al. Utility values associated with vitreous floaters. Am J Ophthalmol. 2011;152(1):60-65.
- 3. Webb BF, Webb JR, Schroeder MC, et al. Prevalence of vitreous floaters in a community sample of smartphone users. *Int J Ophthalmol.* 2013;6(3):402--405.
- Garcia GA, Khoshnevis M, Yee KMP, Nguyen-Cuu J, Nguyen JH, Sebag J. Degradation of contrast sensitivity function following posterior vitreous detachment. *Am J Ophthalmol.* 2016;172:7-12. doi:10.1016/j.ajo.2016.09.005. Epub 2016 Sep 12. PMID: 27633841.
- 5. Delaney YM, Oyinloye A, Benjamin L. Nd:YAG vitreolysis and pars plana vitrectomy: surgical treatment for vitreous floaters. *Eye* (Lond). 2002;16(1):21-26.
- 6. Singh IP. Real Time Ultrasound Evaluation of Vitreous Behavior during YAG Vitreolysis for the Treatment of Symptomatic Floaters. ASCRS 2019 Paper Presentation.
- 7. Shah CP, Heier JS. YAG laser vitreolysis vs sham YAG vitreolysis for symptomatic vitreous floaters: a randomized clinical trial. *JAMA Ophthalmol.* 2017;135(9):918-923.
- 8. Souza ES, Lima LH, Nascimento H, et al. Objective assessment of YAG laser vitreolysis in patients with symptomatic vitreous floaters. *Int J Retin Vitr.2020;6.*
- 9. Singh, IP. Treating Vitreous Floaters: Patient Satisfaction and Complications of Modem YAG Vitreolysis. ASCRS 2016. Paper Presentation.
- 10. Singh, IP. Neodymium: YAG Laser Vitreolytsis: Restrospective Safety Study: ASCRS 2017. Paper Presentation.
- 11. Singh, IP. Novel OCT application and optimized YAG laser enable visualization and treatment of mid-to posterior vitreous floaters. *Ophthalmic Surg Lasers Imaging Retina*. 2018;49(10):806-811.
- 12. Singh, IP. Pre-and Postoperative Objective Assessment of Quality of Vision in Patients Undergoing YAG Vitreolysis Using Wavefront Aberrometry, ASCRS 2017 Paper Presentation.





lifest

# 

### Paul Singh Vitreolysis Chapter in Ophthalmic Laser Handbook

A study by Wagle, et al., addressed the impairment on functional quality associated with floaters in 311 <u>outpatients.<sup>2</sup> -The utility values of floaters were equal to age-related macular</u> degeneration, and similar to glaucoma. mild angina, stroke and asymptomatic HIV. This demonstrates that floaters do have a significant impact on quality of life, similar to other ocular and systemic diseases. Further, a study by Webb et al., found that floaters are very common in the general population, irrespective of age, race, gender and eye color. In a review of 603 smartphone users, 76% (n=458) indicated that they notice floaters, with 199 of these individuals citing noticeable vision impairment as a result of their floaters. Furthermore, myopes and hyperopes were 3.5 and 4.4 times more likely, respectively, to report moderate to severe floaters.<sup>3</sup> A 2016 study by Garcia et <u>al. showed that there was a 52.5% reduction in contrast</u> sensitivity function following PVD. In a survey <u>of approximately</u> 600 smartphone users, 33% of respondents reported that their floaters caused noticeable visual impairment. <sup>4</sup>

## psycho-social

Research Article

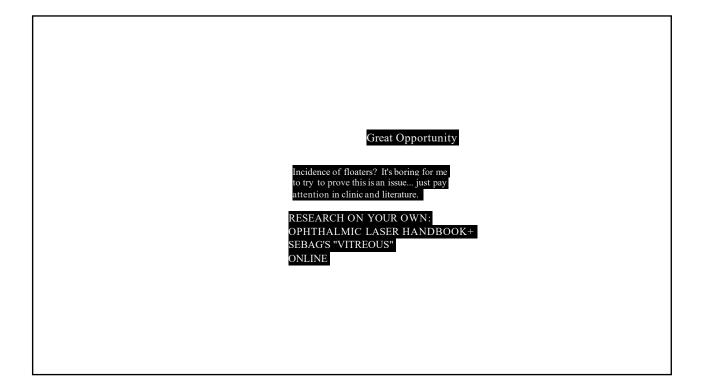
Psychological Distress in Patients with Symptomatic Vitreous Floaters

Yong-Kyu $Kim,\!1$ Su Young Moon,1 Kyung Mi<br/> Yim,2 Su Jeong Seong,² Jae Yeon Hwang,2 and Sung Pyo<br/>  $Park^1$ 

<sup>1</sup>Department of Ophthalmology, Hallym University College of Medicine, Kangdong Sacred Heart Hospital, No. 150 Seongan-ro, Gangdong-gu, Seoul 134-701, Republic of Korea
<sup>2</sup>Department of Psychiatry, Hallym University College of Medicine, Kangdong Sacred Heart Hospita, No. 150 Seongan-ro, Gangdong-gu, Seoul 134-701, Republic of Korea

### 'Canelusions:

Symptomatic vitreous floater patients showed substantial level of psychological distress, and the severity of floater symptoms was significantly associated with psychological distress:'



# big deal to patients???

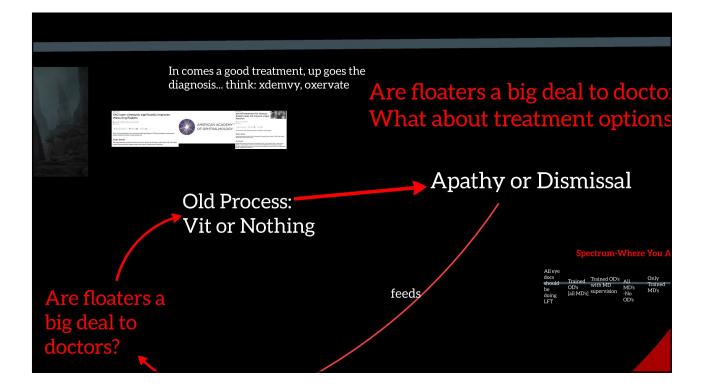
### Are floaters a What do they think of **Observation vs. Vitrectomy? Good enough?**

### Prevalence Great Opportunity

Incidence of floaters? It's boring for me to try to prove this is an issue... just pay attention in clinic and literature.

RESEARCH ON YOUR OWN: OPHTHALMIC LASER HANDBOOK + SEBAG'S "VITREOUS" ONLINE



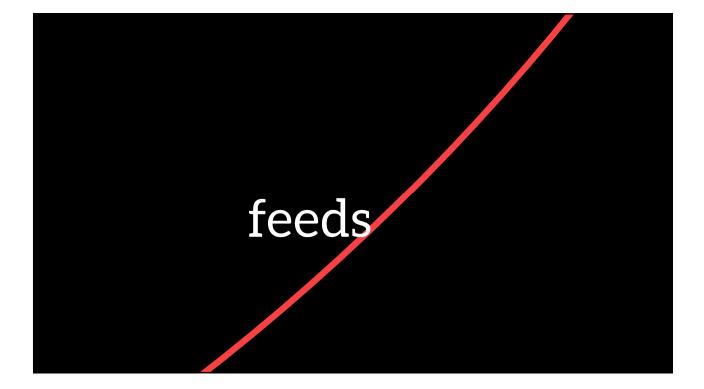




# Old Process: Vit or Nothing

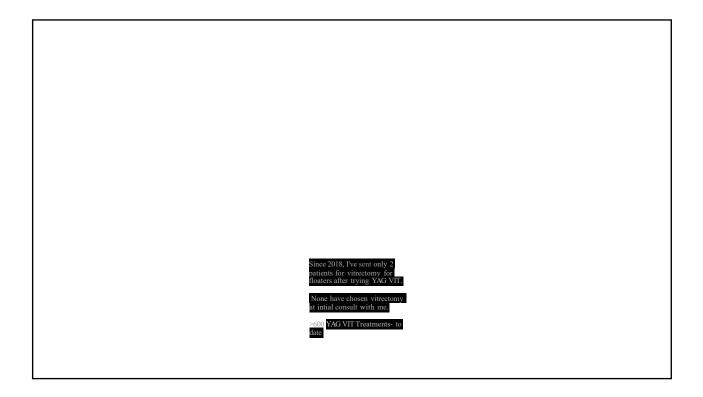






tha Docs Id rather do ectomy Redension of the sector 2/\$] Redension of the sector at Not Compared to the sector at Not Compare

Early Yag Vit Pessimism/Dogma Early tech/little research/ guidelines -Some bad outcomes -Underwhelming -Cost/Expectations



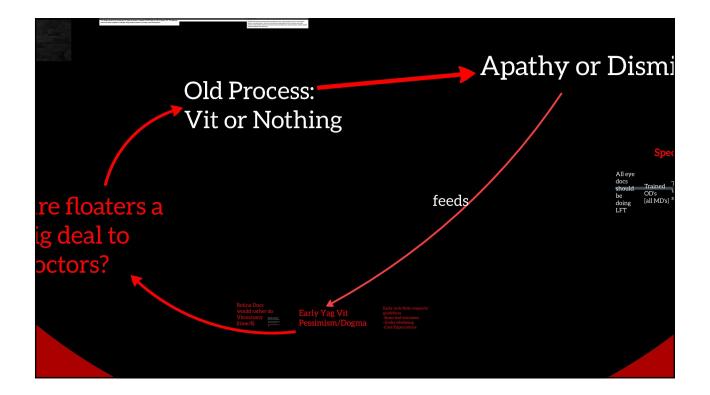
Since 2018, I've sent only 2 patients for vitrectomy for floaters after trying YAG VIT.

None have chosen vitrectomy at intial consult with me.

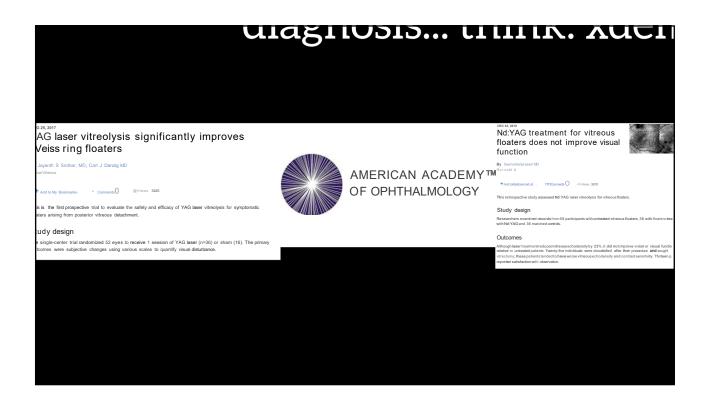
>600 YAG VIT Treatments- to date



# Are floaters a big deal to doctors?







### AUG 25, 2017

### YAG laser vitreolysis significantly improves Weiss ring floaters

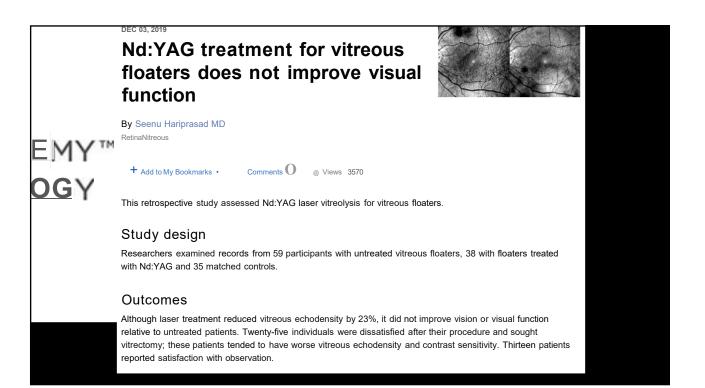
By Jayanth S Sridhar, MD, Carl J Danzig MD RetinaNitreous



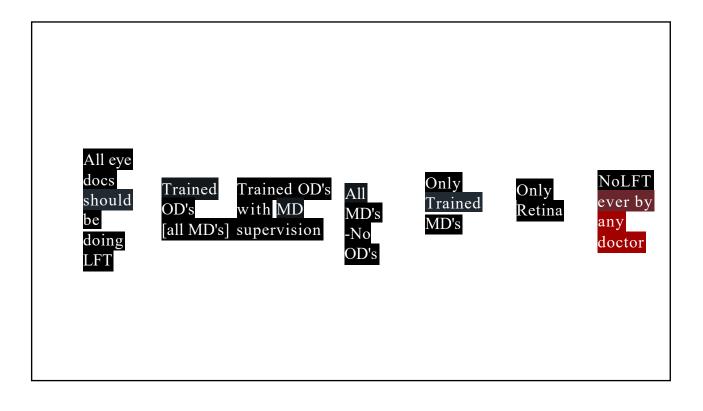
This is the first prospective trial to evaluate the safety and efficacy of YAG laser vitreolysis for symptomatic floaters arising from posterior vitreous detachment.

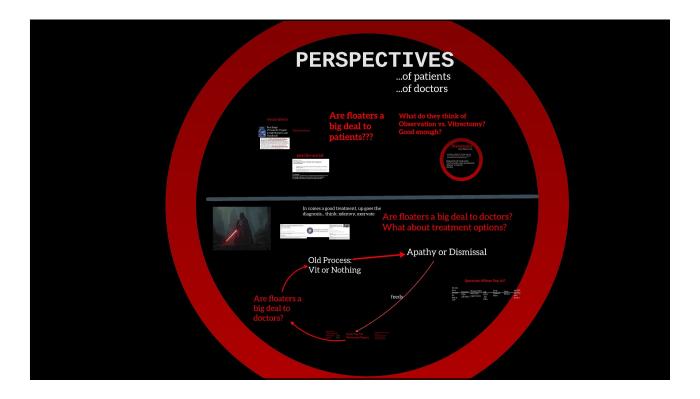
### Study design

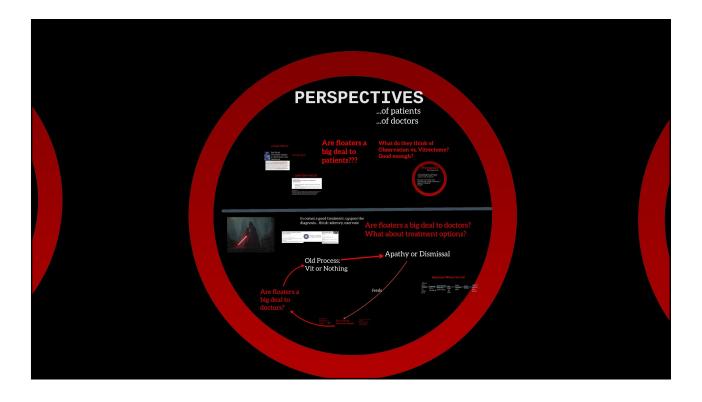
The single-center trial randomized 52 eyes to receive 1 session of YAG laser (n=36) or sham (16). The primary outcomes were subjective changes using various scales to quantify visual disturbance.

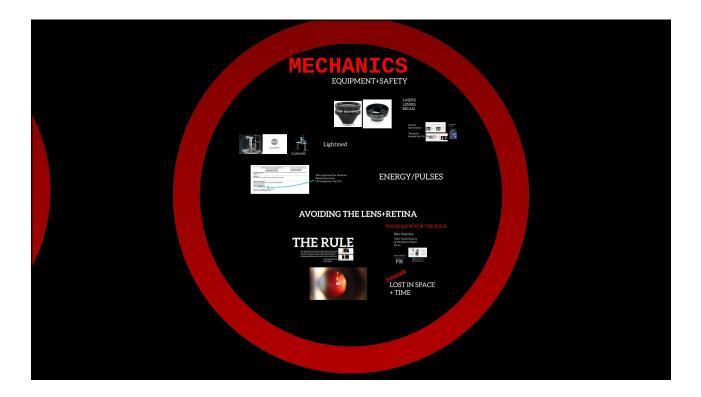




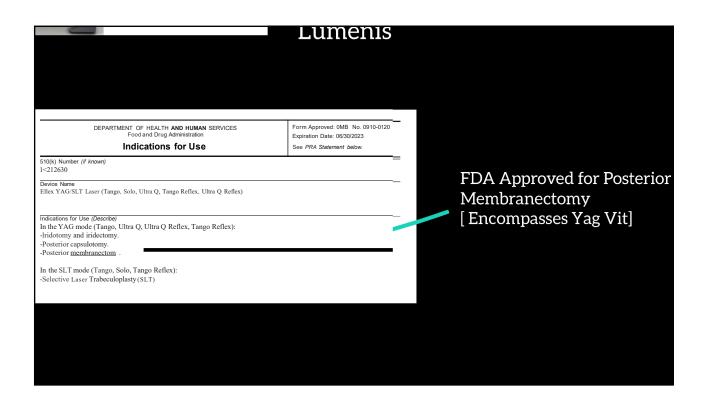


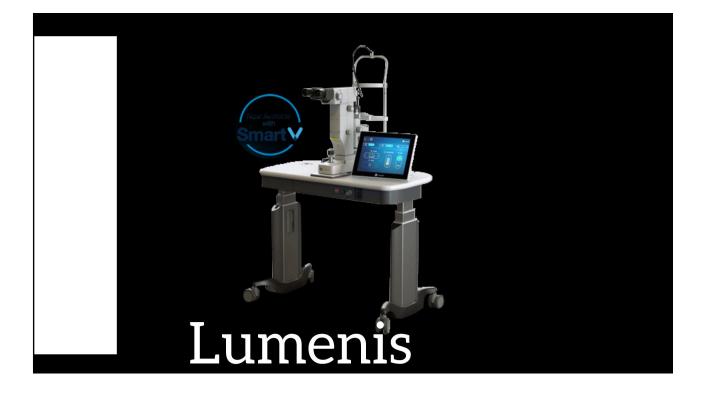








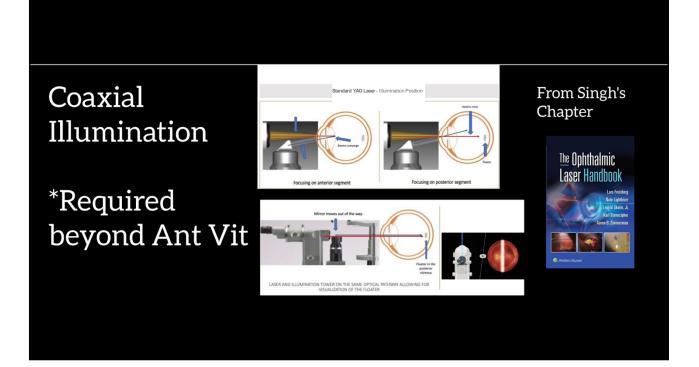


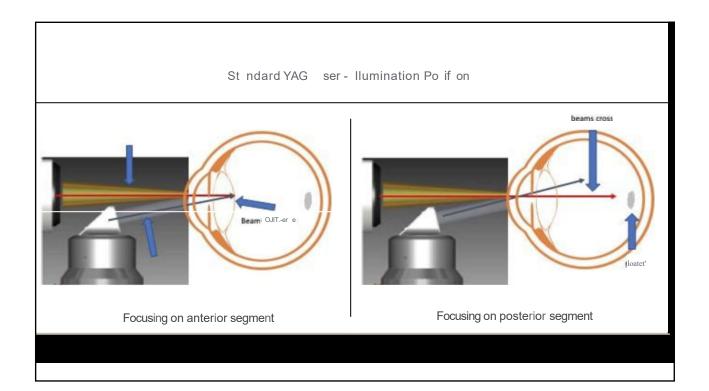


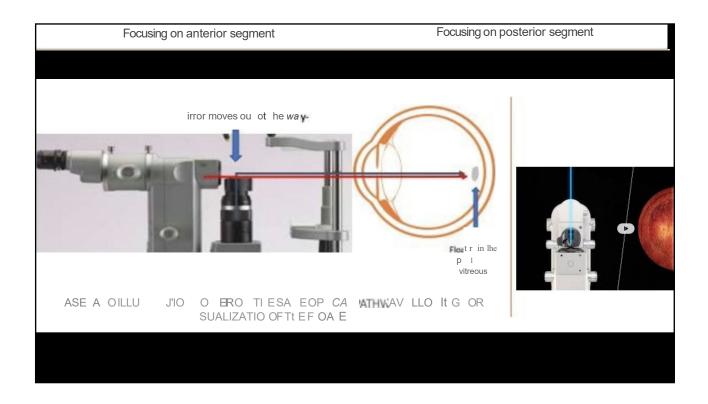


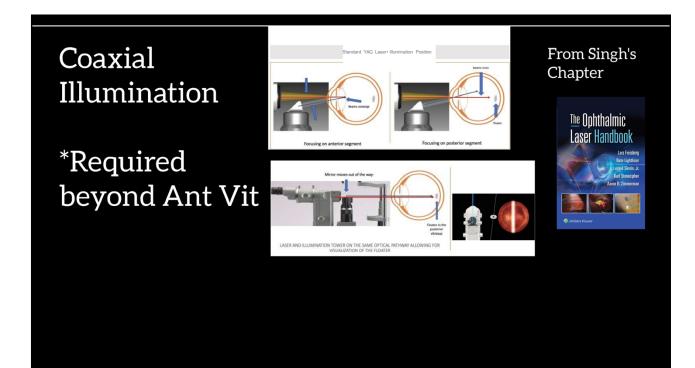


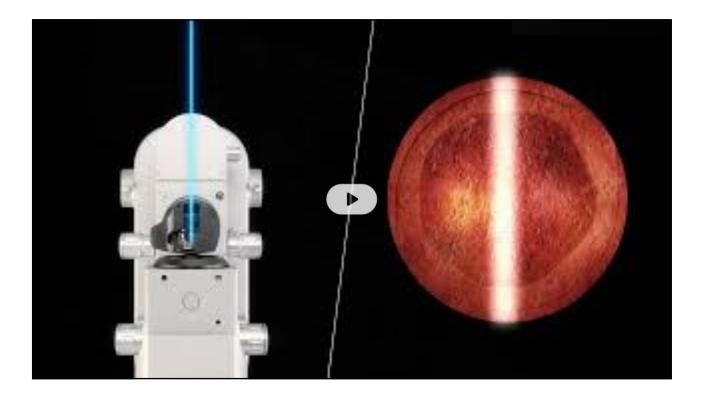
# ENERGY/PULSES











## **VOIDING THE LENS+RETINA**

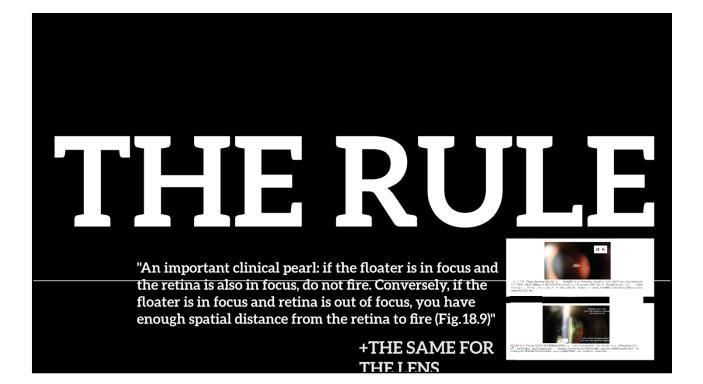
# n important clinical pearl: if the floater is in focus and

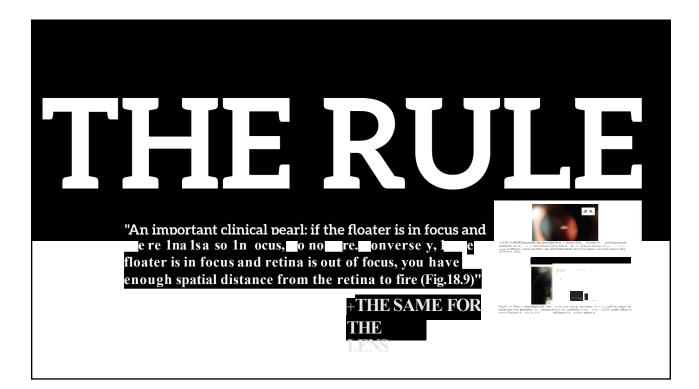
### THE REASON FO

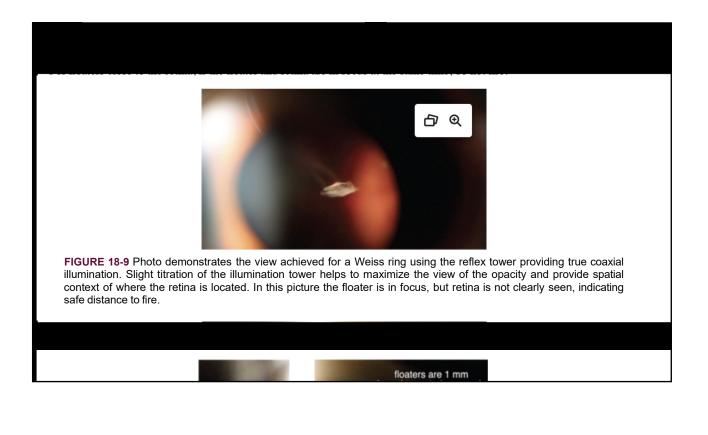
Blast Zone Size

Your visual focus is at the plane of laser focus

Convergence Zone



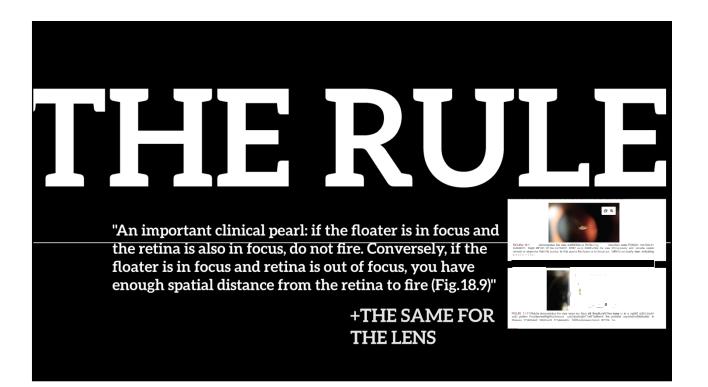


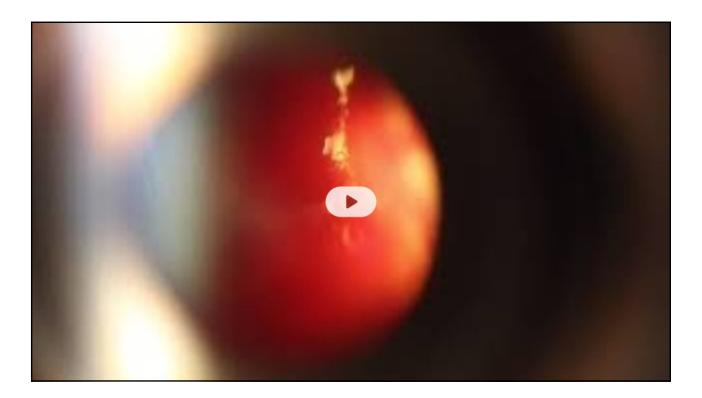


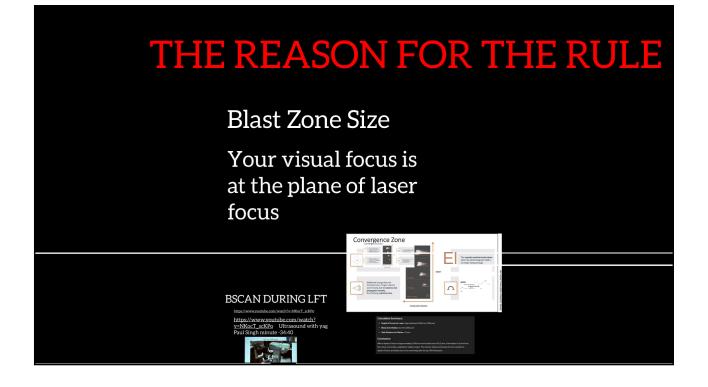
**FIGURE 18-9** Photo demonstrates the view achieved for a Weiss ring using the reflex tower providing true coaxial illumination. Slight titration of the illumination tower helps to maximize the view of the opacity and provide spatial context of where the retina is located. In this picture the floater is in focus, but retina is not clearly seen, indicating safe distance to fire.

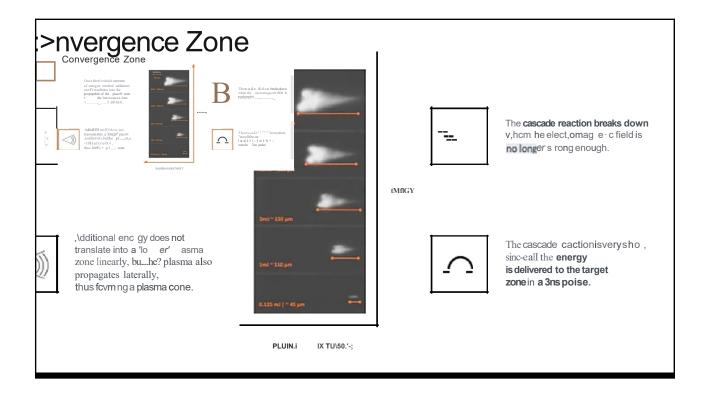


**FIGURE 18-11** Picture demonstrates the view when the laser slit lamp illumination tower is in a slightly oblique (off axis) position thus decreasing the glare and also allowing for visualization of the posterior capsule and the floater. In this case, the floater is too close to the posterior capsule and one would not want to fire.









alculation Summary:

Depth of Focus for Laser: Approximately 0.148 mm (148 µm)

• Blast Zone Radius: 0.2 mm (200 μm)

Safe Distance for Retina: >2 mm

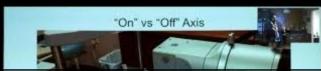
#### onclusion:

ith a depth of focus of approximately 0.148 mm and a blast zone of 0.2 mm, if the floater is 2 mm from he retina, it provides a significant safety margin. The retina's defocus indicates it is far outside the epth of focus and blast zone, thus remaining safe during YAG vitreolysis.

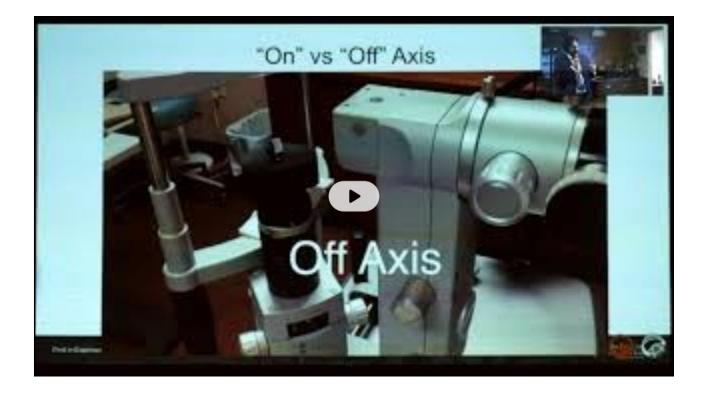
# **3SCAN DURING LFT**

https://www.youtube.com/watch?v=NKocT\_scKPo

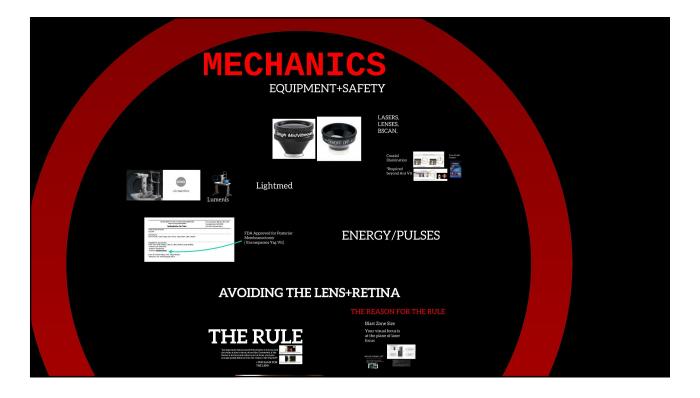
https://www.youtube.com/watch? v=NKocT\_scKPo Ultrasound with yag Paul Singh minute -34:40

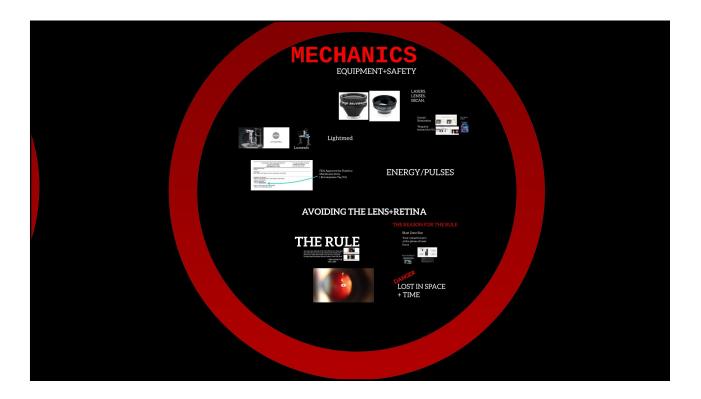






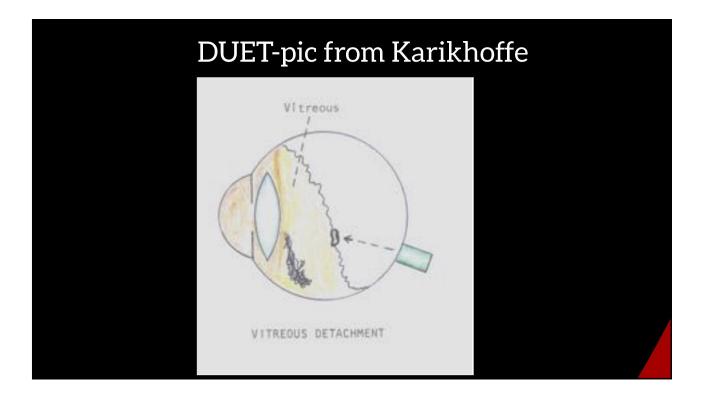


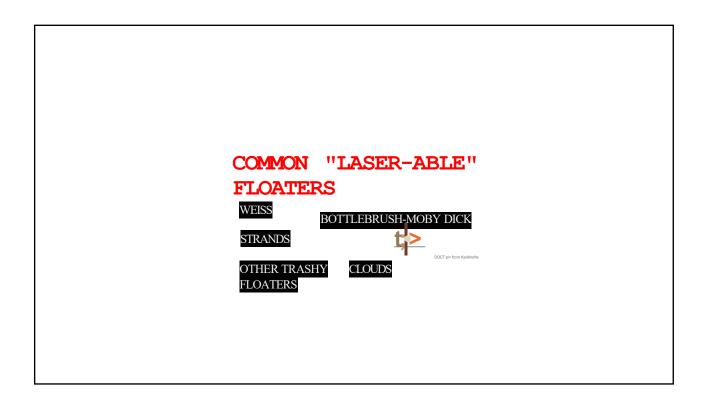


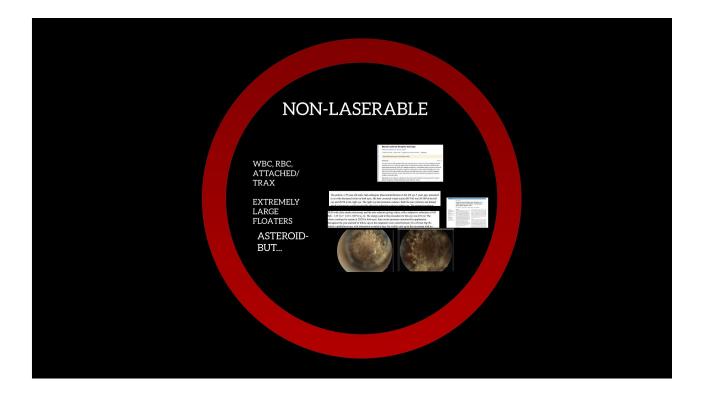












#### Manuel's asteroid disruption technique

Manuel John. Abraham Ige.<sup>1</sup> and Ivan Jacob<sup>2</sup>

► Author information ► Article notes ► Copyright and License information Disclaimer

This article has been <u>cited bY</u> other articles in PMC.

#### Abstract

ndian 3

A seventy-year-old male presented with dense asteroid hyalosis in both eyes. He had undergone cataract extraction in one eye 3 years ago, and the other eye had immature cataract. Both the autorefractor and dilated streak retinoscopy did not give readings and subjective visual improvement could not be achieved. Immediately following YAG posterior capsulotomy and anterior vitreous asteroid disruption, the vision improved to 20/20 with recordable auto refractor and streak retinoscopy values. Our initial experience indicates that the treatment is simple, safe and effective but needs controlled and prospective studies to confirm its long-term safety.

**Keywords:** Asteroid hyalosis, capsulotomy, Manuel's asteroid disruption technique, posterior capsular nnl:ll"lbl\_NPntb1n,111n,\_Al11n,1111n, nl:lrnPt {Nrl+VAn / VAn }

Go to:8

The patient, a 70-year-old male, had undergone phacoemulsification in the left eye 3 years ago, presented to us with decreased vision in both eyes. His best corrected visual acuity (BCVA) was 20/100 in the left eye and 20/50 in the right eye. The right eye had immature cataract. Both the auto refractor and dilated streak retinoscopy could not provide objective refraction values in either eye. The minimal posterior

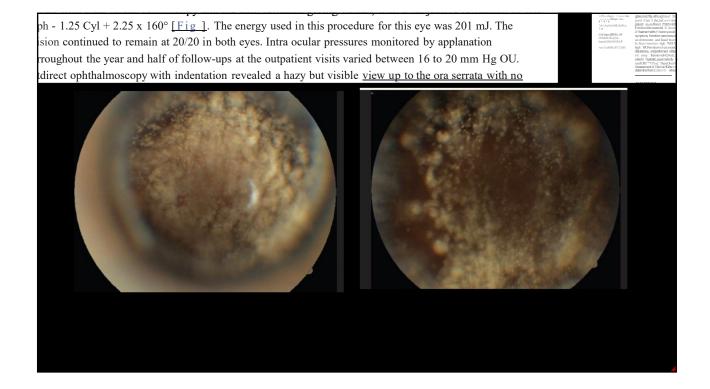
confirm its long-term safety.

indicates that the treatment is simple, safe and effective but needs controlled and prospective studies to

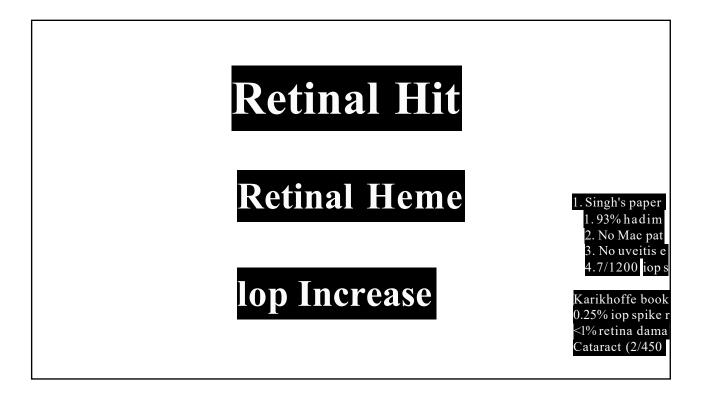
Keywords: Asteroid hyalosis, capsulotomy, Manuel's asteroid disruption technique, posterior capsular

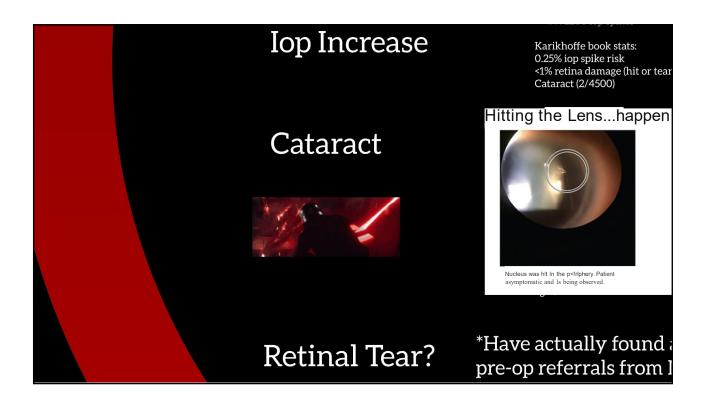
opacity, Neodymium Yttrium Aluminium Gamet (Nd:YAG / YAG)

20/20 with clear streak retinoscopy and the auto refractor giving values, with a subjective refraction of OD Sph - 1.25 Cyl + 2.25 x 160° [Fig:2]. The energy used in this procedure for this eye was 201 mJ. The vision continued to remain at 20/20 in both eyes. Intra ocular pressures monitored by applanation throughout the year and half of follow-ups at the outpatient visits varied between 16 to 20 mm Hg OU. Indirect ophthalmoscopy with indentation revealed a hazy but visible view up to the ora serrata with no

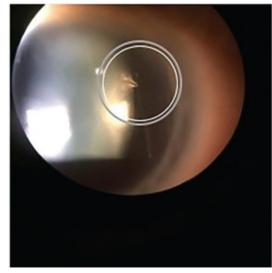




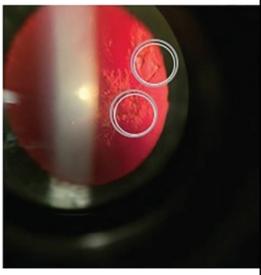




## Hitting the Lens...happened early in learning



uc.leus was hit in the periphery. Patient asymptomatic and is being observed.

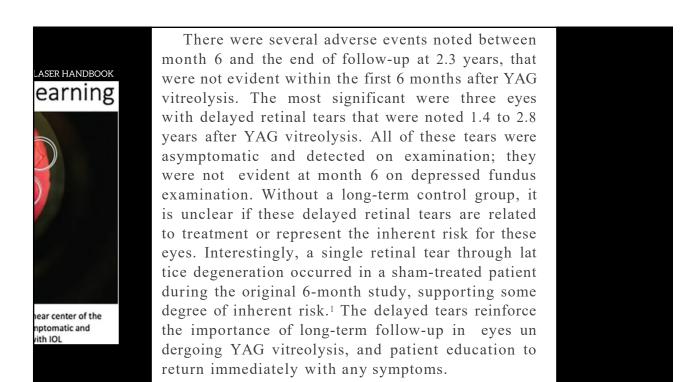


Posterior capsule was hit near center of the visual axis. Patient was symptomatic and underwent lens removal with IOL

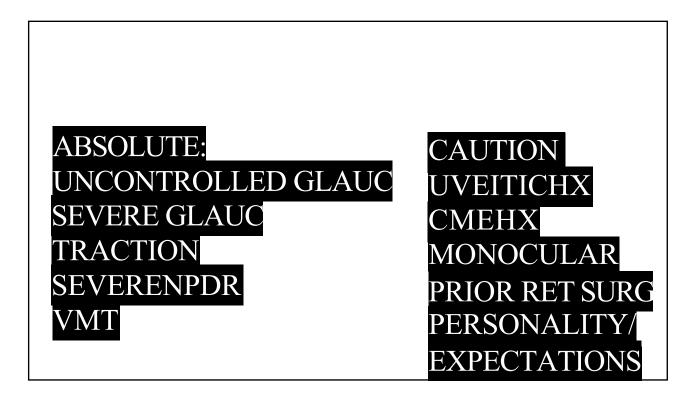


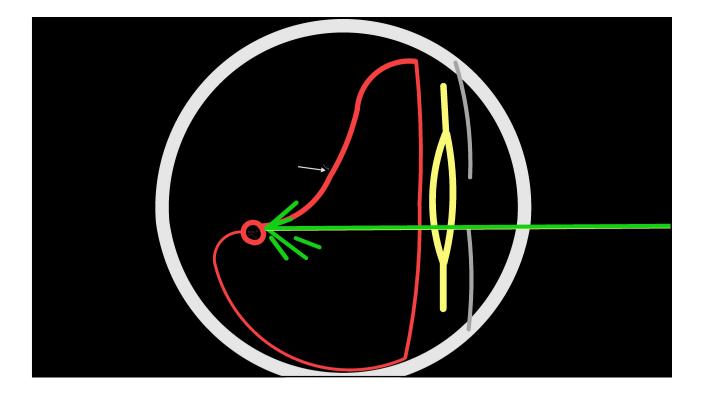
<ol> <li>Singh's paper from ASCRS</li> <li>93% had improvement</li> </ol>
<ol> <li>No Mac pathology</li> <li>No uveitis effects</li> </ol>
4. 7/1200 iop spikes
Karikhoffe book stats: 0.25% iop spike risk
<1% retina damage (hit or tear)
Cataract (2/4500)

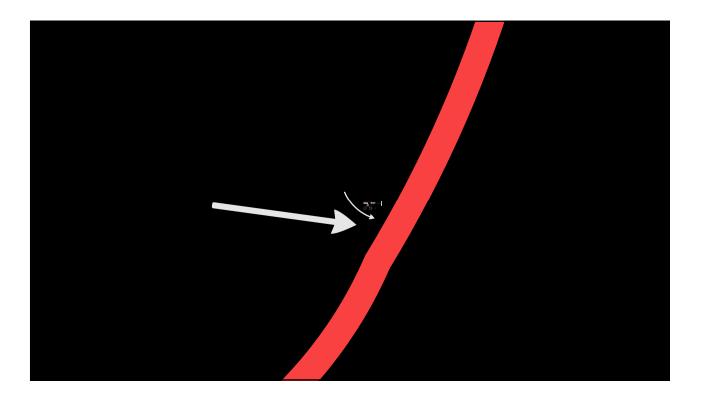


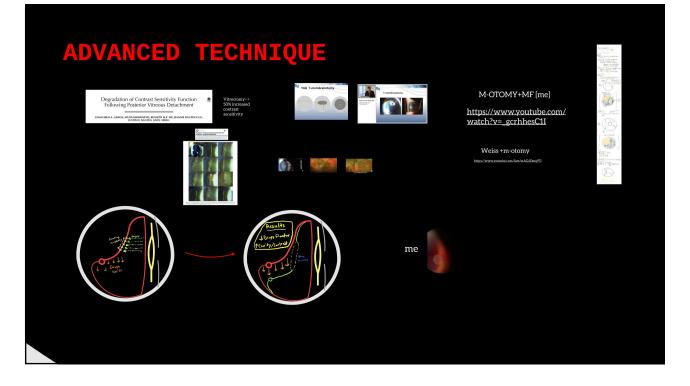


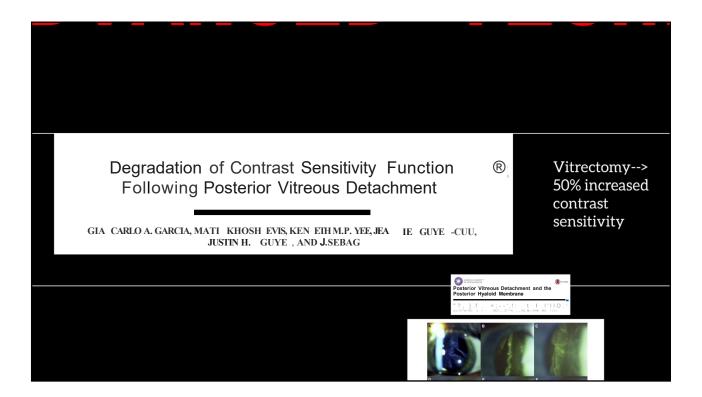


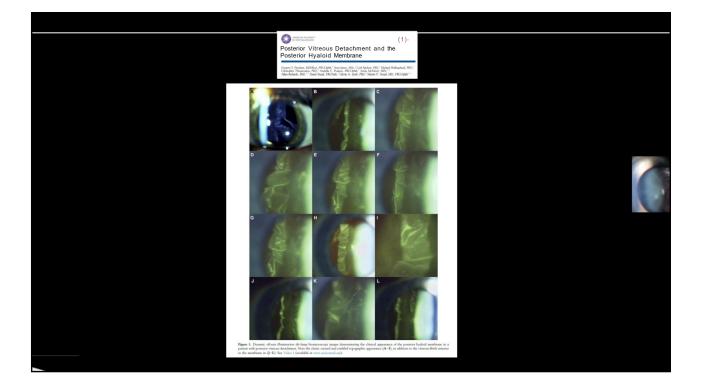


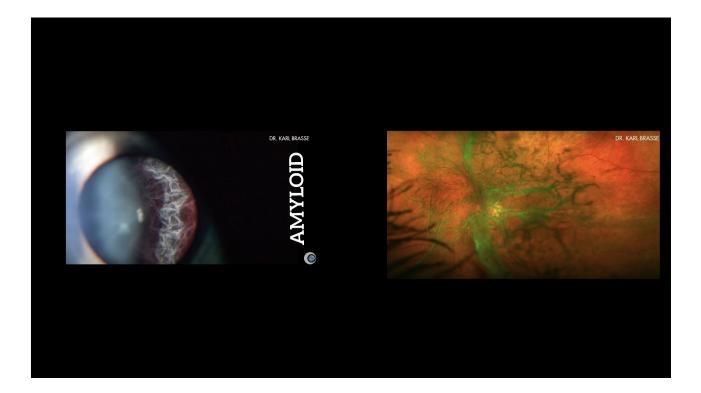


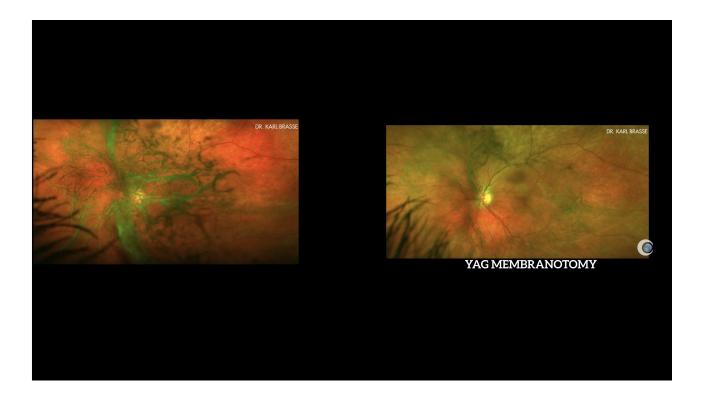


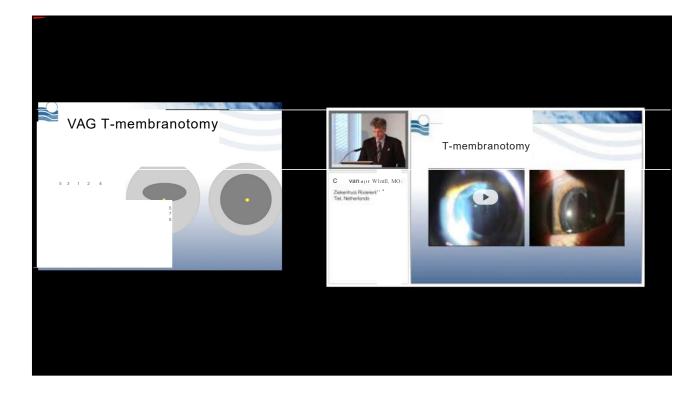


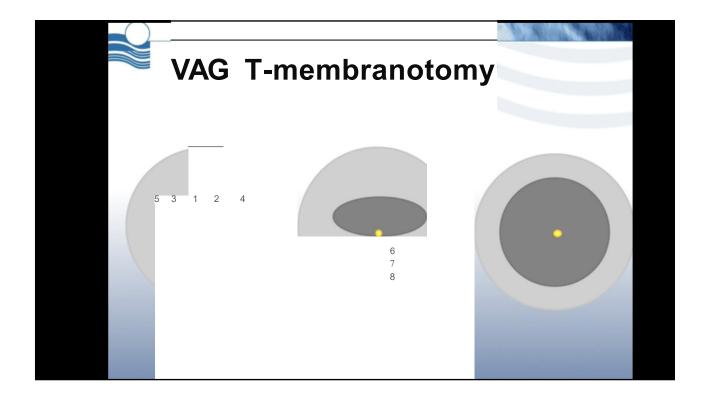


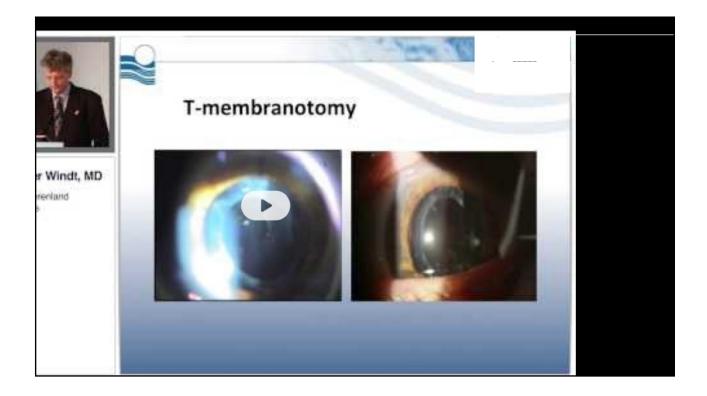


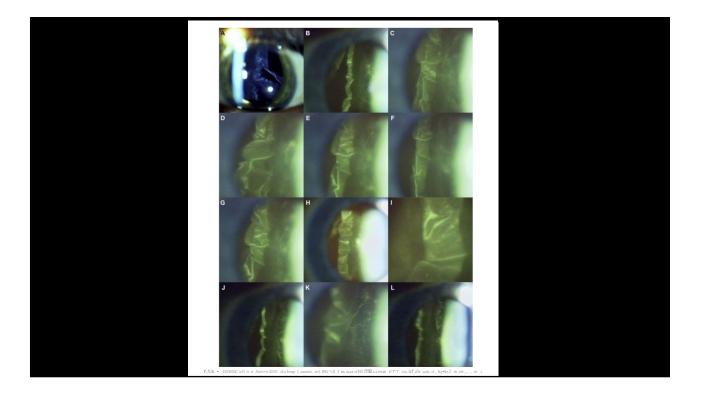


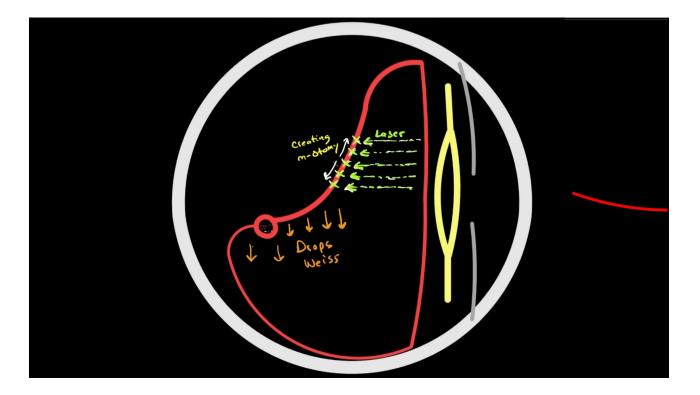












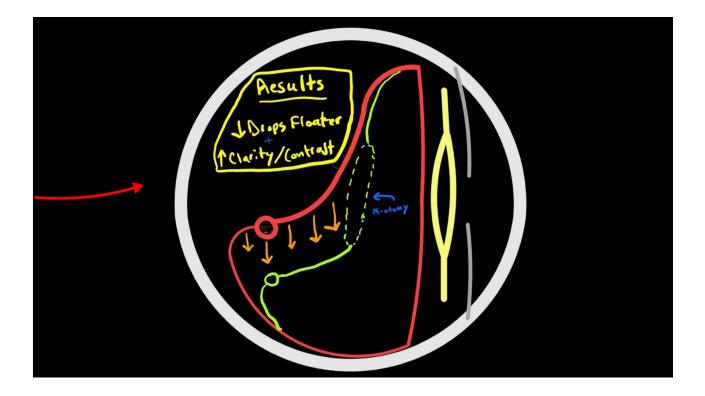
Trace

<u>ي</u>ن ((

Grade 1

Binde 2 But 50-7 Ginde 3

Grode 4



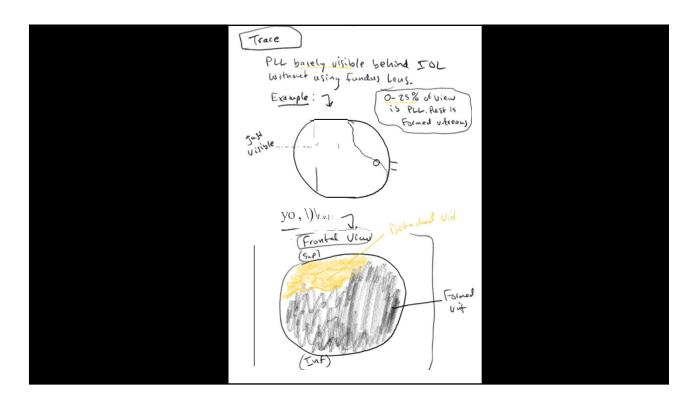
## M-OTOMY+MF [me]

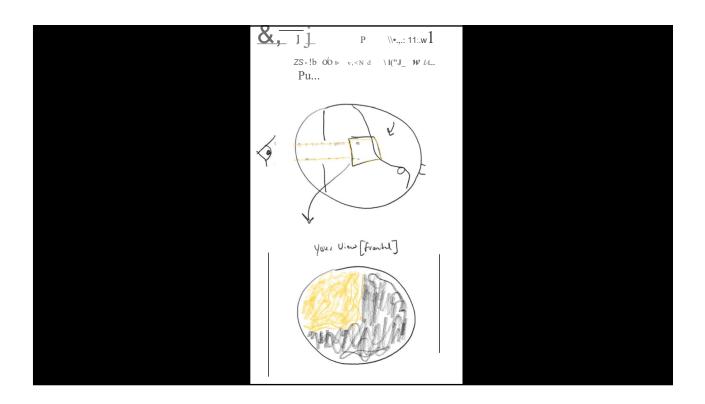
https://www.youtube.com/ watch?v=\_gcrhhesC1I

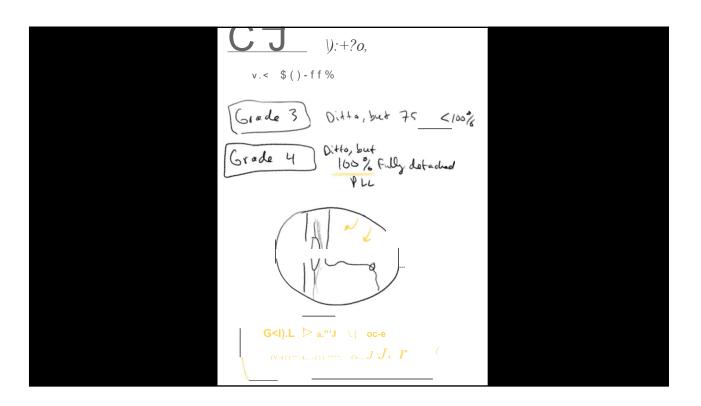
#### Weiss +m-otomy

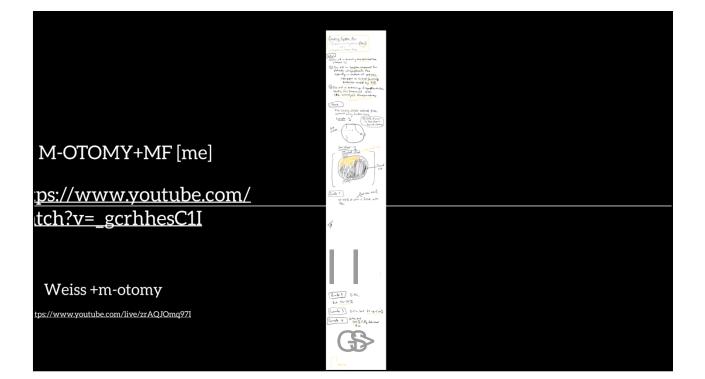
https://www.youtube.com/live/zrAQJOmq97I

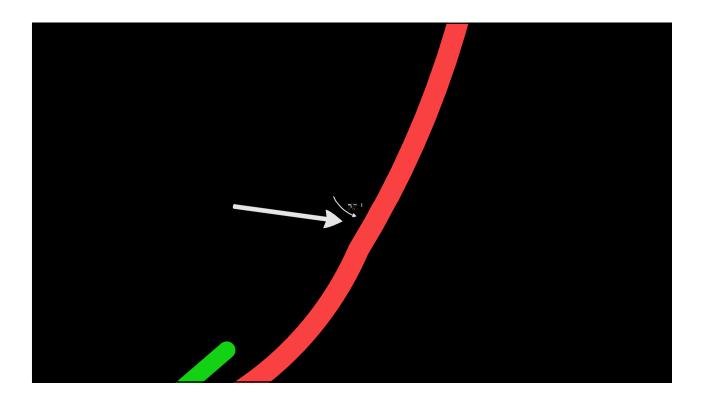
C<u>ftd.(...</u>, <u>S</u><u>ste...</u>, <u>r.t...</u>, ,-?oskr.or L''''', ||/ la''''''''' ft>t.L] <u>10 111>< 0. < 00 Ce-</u>  $G_{\mathcal{G}'', \mathcal{I}} \text{ a.;cl}; :: \text{te c. t,.,1 i..ow } \underline{d.JJ} \underline{cl....}$ (1) ( $^{(0,11)}$  tA,J. (A 5 j w 4 (1,es v...t tor •f'-et,\. V/ S'j'"" l,o1,.va/-i1. ()LL Mf-:C61.-, I>) c-:cJ r''' (\:>\I\ >'''.J-? e. e ( 6"'- cG V-J" st.f()) (1''13)  $P_{\underline{v}} \underline{1w}$ : of eouse 0 by  $P_1 O_2$ (}) K→ a.;J i''' .(t, 1...; ;- 5'1..,\_...t-/c Þ∪. teQ., "" -t-re MttA.{, W I.A V(He *ol.*/st fflev"Lol 4 mc,t"""1 'f

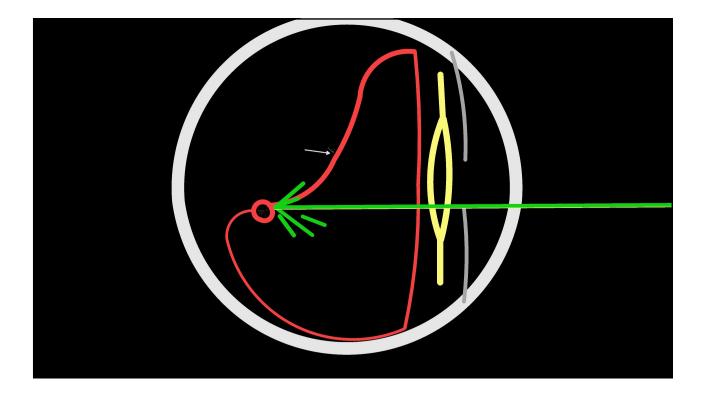


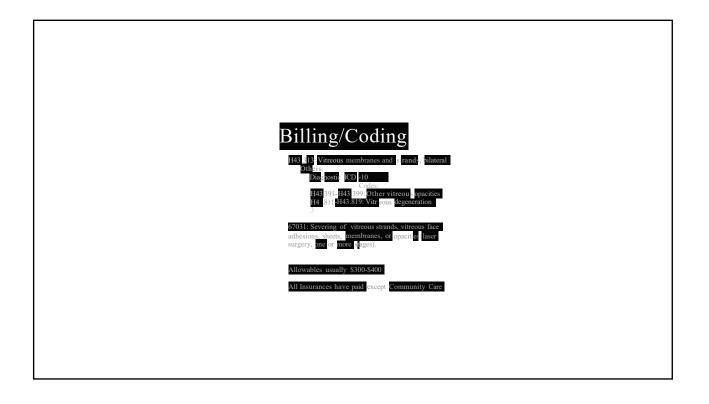


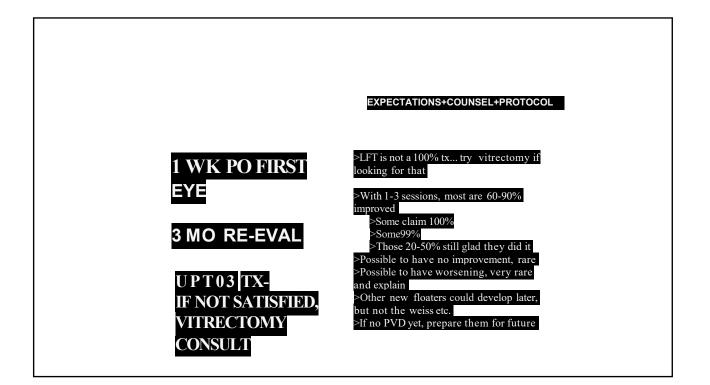


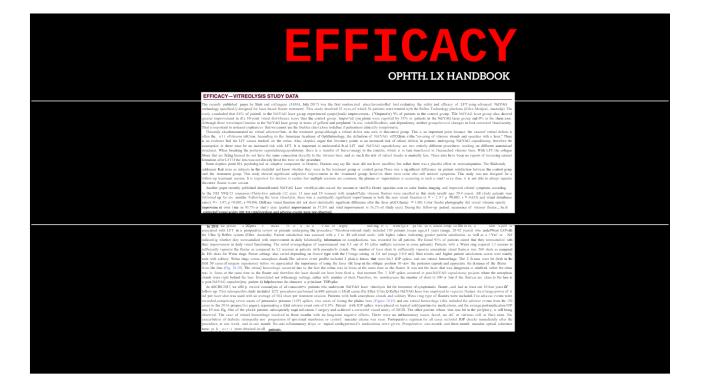












#### **OPHTH. LX HANDBOOK**

#### EFFICACY-VITREOLYSIS STUDY DATA

The recently published paper by Shah and colleagues (JAMA, July 2017) was the first randomized placebo-controlled trial evaluating the safety and efficacy of LFf using advanced Nd:YAG technology specifically designed for laser-based floater treatment.<sup>7</sup> This study involved 52 eyes, of which 36 patients were treated with the Reflex Technology platform (Ellex Medical, Australia). The study concluded that 54% of patients in the Nd:YAG laser group experienced symptomatic improvements compared to 9% of patients in the control group. The Nd:YAG laser group also showed greater improvement in the 10-point visual disturbance score than the control group. Improved symptoms were reported by 53% of patients in the Nd:YAG laser group and 0% in the sham arm. Although there were improvements in the Nd:YAG laser group in terms of general and peripheral vision, role difficulties, and dependency, neither group showed changes in best corrected visual acuity. That is important to note and emphasizes that we cannot use the Snellen chart alone to define if patients are clinically symptomatic.

This study also demonstrated no retinal adverse events in the treatment group, although a retinal defect was seen in the control group. This is an important point because the cause of retinal defects is often the result of vitreous traction. According to the American Academy of Ophthalmology, the definition of Nd:YAG vitreolysis is the "severing of vitreous strands and opacities with a laser." There is no evidence that the LFF causes traction on the retina. Also, skeptics argue that literature points to an increased risk of retinal defects in patients undergoing Nd:YAG capsulotomy, therefore the assumption is there must be an increased risk with LFf. It is important to understand that LFf and Nd:YAG capsulotomy are two entirely different procedures working on different anatomical structures. When breaking the posterior capsule during capsulotomy, there is a transfer of forces/energy to the zonules, which is in tum transferred to the attached vitreous base. With LFf, the collagen fibers that are being lasered do not have the same connection directly to the vitreous base, and as such the risk of retinal breaks is markedly less. There also have been no reports of increasing cataract formation after LFf if the lens was not directly hit at the time of the procedure.

Some skeptics point to a psychological or adaptive component to floaters. Doctors may say the laser did not have an effect, but rather there was a placebo effect or neuroadaptation. The Shah study addresses that issue as subjects in the study did not know whether they were in the treatment group or control group. There was a significant difference in patient satisfaction between the control group and the treatment group. This study showed significant subjective improvement in the treatment group; however, there were some who still noticed symptoms. This study was not designed for a follow-up treatment session. It is important for doctors to realize that multiple sessions are common; the plasma or vaporization is occurring in such a small area; thus, it is not able to always vaporize the entire floater in one session.

Another paper recently published demonstrated Nd:YAG laser vitreolysis decreased the amount of vitreous floater opacities seen on color fundus imaging and improved related symptoms according to the NEI VFQ-25 responses.<sup>8</sup> Thirty-two patients (32 eyes; 13 men and 19 women) with symptomatic vitreous floaters were enrolled in this study (mean age: 59.4 years). All study patients were followed up for six months. Following the laser vitreolysis, there was a statistically significant improvement in both the near visual function (z = -2.97; p = 0.003; r = 0.633) and visual disturbance rate (z = -3.97; p < 0.001; r = 0.84). Distance visual function did not show statistically significant difference after the laser procedure (p = 1.00). Color fundus photography did reveal vitreous opacity improvement in 93.7% of study eyes (partial improvement in 56.2% of study eyes). During the follow-up period, recurrence of vitreous floaters, best

to the NEI VFQ-25 responses.<sup>8</sup> Thirty-two patients (32 eyes; 13 men and 19 women) with symptomatic vitreous floaters were enrolled in this study (mean age: 59.4 years). All study patients were followed up for six months. Following the laser vitreolysis, there was a statistically significant improvement in both the near visual function (z = -2.97; p = 0.003; r = 0.633) and visual disturbance rate (z = -3.97; p < 0.001; r = 0.84). Distance visual function did not show statistically significant difference after the laser procedure (p = 1.00). Color fundus photography did reveal vitreous opacity improvement in 93.7% of study eyes (partial improvement in 37.5% and total improvement in 56.2% of study eyes). During the follow-up period, recurrence of vitreous floaters, best

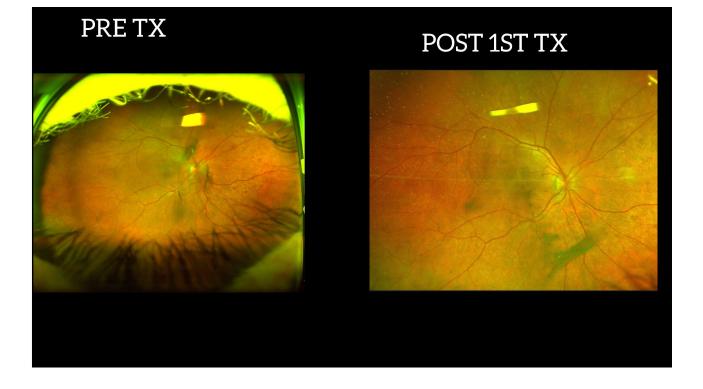
, . p	pp I. y	••	g ry	g g p	р	l p l

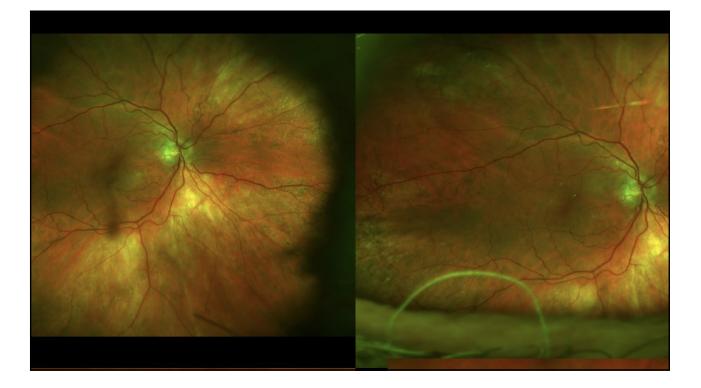
associated with LFT in a prospective review of patients undergoing the procedure.<sup>9</sup> This observational study included 130 patients (mean age, 61 years [range, 28-92 years]) who underwent LFT with the Ultra Q Reflex system (Ellex, Australia). Patient satisfaction was assessed with a 1 to 10 self-rated scale, with higher values indicating greater patient satisfaction, as well as a "Yes" or "No" indicating whether they were satisfied with improvement in daily functioning. Information on complications was recorded for all patients. We found 91% of patients stated that they were satisfied with their improvement in daily visual functioning. The noted average degree of improvement was 8.5 out of 10 (after multiple sessions in some patients). Patients with a Weiss ring required 1.3 sessions to sufficiently vaporize the floater as compared to 3.2 sessions in patients with amorphous clouds. The number of laser shots to sufficiently vaporize amorphous cloud floaters was 568 shots as compared to 186 shots for Weiss rings. Power settings also varied depending on floater type with the average setting at 5.8 mJ (range 2.9-9 mJ). Best results and higher patient satisfaction scores were notably seen with solitary Weiss rings versus amorphous clouds. The adverse event profile included 2 phakic lenses that were hit, 3 IOP spikes, and one retinal hemorrhage. The 2 lenses were int (both in the first 50 cases of surgeon experience) before we appreciated the importance of using the laser slit lamp in the oblique position to view the posterior capsule and appreciate the distance of the floater from the lens (Fig. 18.15). The retinal hemorrhage occurred due to the fact the retina was in focus at the same time as the floater. It was not the laser that was dangerous or misfired, rather the retina was in focus at the same time as the floater and therefore the laser should not have been fired at that moment. The 3 IOP spikes occurred in post-Nd:YAG capsulotomy patients where the amorphous clouds were right behind the lens. It correlated n

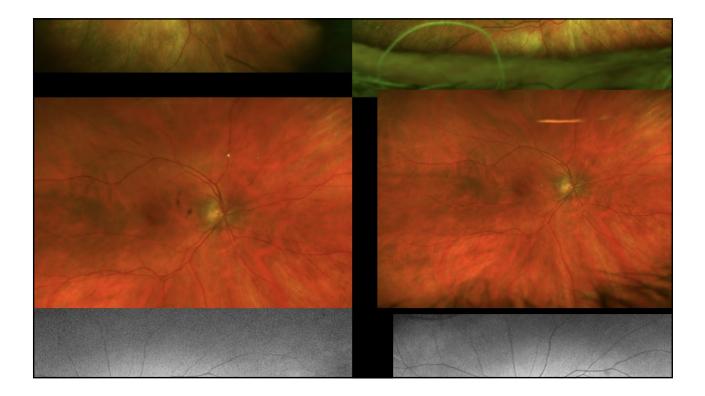
At ASCRS 2017, we also presented our analysis of all consecutive patients who underwent Nd:YAG laser vitreolysis for the treatment of symptomatic floaters and had at least one to four years of follow-up. This retrospective study included 1272 procedures performed in 680 patients.1° In all cases, the Ellex Ultra Q Reflex Nd:YAG laser was employed to vaporize floaters. An average power of 6 mJ per laser shot was used with an average of 564 shots per treatment session. Patients with both amorphous clouds and solitary Weiss ring type of floaters were included. Ten adverse events were recorded, comprising seven cases of intraocular pressure (IOP) spikes, two cases of hitting the phakic lens (Figure 18.15) and one retinal hemorrhage (this included the adverse events from the 12016 prospective paper), representing a total adverse event are of 0.8%. Patients with IOP spikes were placed on topical antihypertensive medications, and the average post-medication IOP was 19 mm Hg. One of the phakic patients subsequently required cataract surgery and achieved a corrected visual acuity of 20/20. The other patient, whose lens was hit in the periphery, is stiU being observed. The case of retinal hemorrhage resolved in three months with no long-term negative effects. There were no inflammatory issues faced, no AC or vitreous cell or flare seen. No exacerbation of diabetic retinopathy nor progression of epiretinal membrane or cystoid macular edema was seen. Postoperative regimen for all cases included IOP checks immediately after the procedure, at one week, and at one month. No anti-inflammatory drops or topical antihypertensive medications were given. Preoperative, one-month, and three-month macular optical coherence tomo ra, h. OCT's, were obtained on all \_atients.

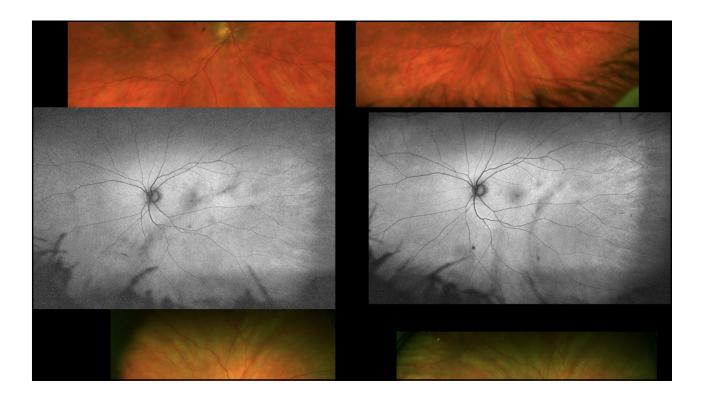


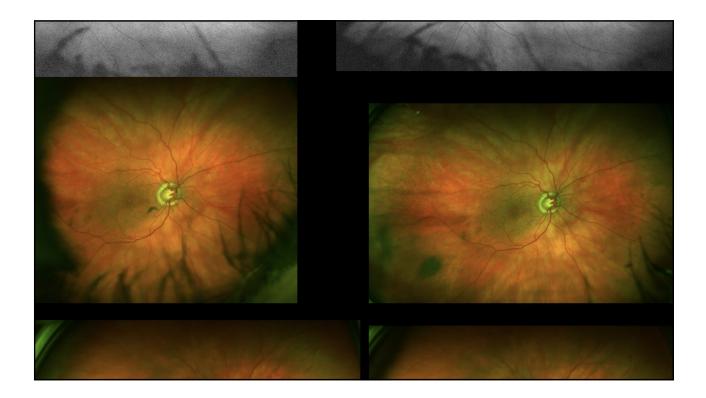


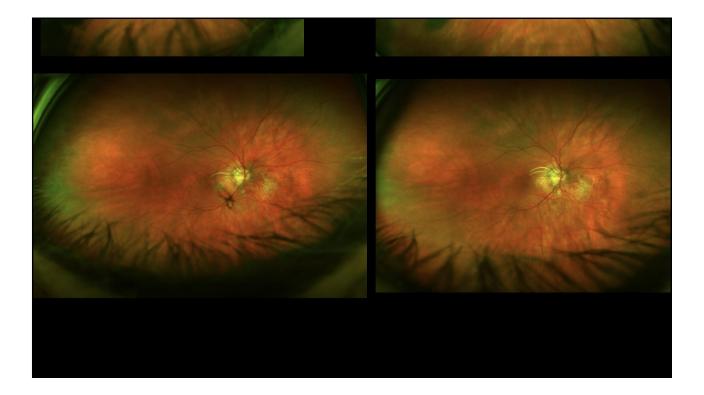












## Asteroid Case Success

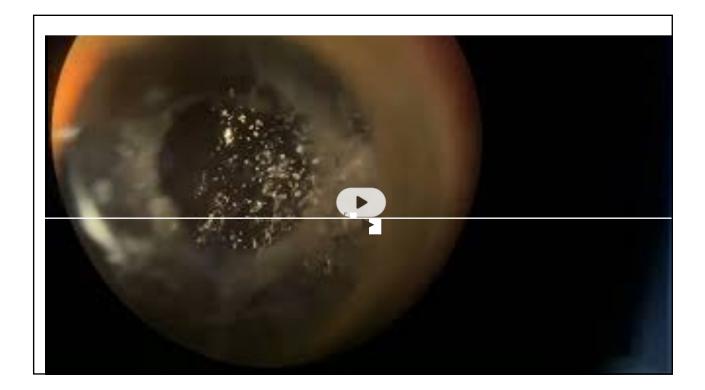
## Asteroid+PVD membranotomy

https://www.youtube.com/live/Hjor3j38l7E?rco=1



PRE TX POST





30 Y/0 girl w/ptsd panic at night from welss

## Thank you card with "changed my life"

Microbiologist who was misearable... vitrectomy first eye, just as happy [visually] with second eye getting LFT, much happier to not go through surgery.





